



**NC STATE**

EXTENSION

# **2023 Transylvania 4-H Showcase Handbook**

# **Table of Contents**

<b>Table of Contents</b>	<b>2</b>
<b>4-H Competitive Guidelines</b>	<b>3</b>
<b>Presentation Rules &amp; Regulations</b>	<b>4</b>
<b>Presentation Categories</b>	<b>6</b>
<b>Poster Rules &amp; Regulations</b>	<b>16</b>
<b>Poster Categories</b>	<b>17</b>
<b>Project Record Rules &amp; Regulations</b>	<b>23</b>
<b>Project Record Categories</b>	<b>24</b>
<b>Portfolio Rules &amp; Regulations</b>	<b>26</b>
<b>Portfolio Categories</b>	<b>27</b>
<b>Mountain State Fair Guidelines</b>	<b>30</b>
<b>Mountain State Fair Categories</b>	<b>31</b>



# 4-H Competitive Guidelines

## Showcase Requirement

All youth who participate in a 4-H club must participate in at least one showcase opportunity during the 4-H year. Showcase opportunities include: presentations, posters, project record books/portfolios, fair entry. The topic selected for the youth's showcase should pertain to their chosen project. Youth must select their showcase opportunity no later than April 1st of each year. Members who enroll after April 1st are exempt from the showcase requirement until the following year. Youth may select more than one showcase.

## Age Requirement

The North Carolina 4-H Youth Development programs are open to young people aged 5 through 18 (Note: This is through their 18th year; if they are 19 years old on January 1, they cannot compete). 4-H age is determined by a young person's age on January 1 of the 4-H program year, which runs (January 1 to December 31). This is consistent with National 4-H competitive guidelines. 4-H participation should involve age-appropriate experiences designed for youth aged 5 to 7 (Cloverbuds) and youth aged 8 through 18. Cloverbuds may participate for experience but awards will be given for participation only and not ranked in a competitive manner. Cloverbuds may compete at the county and district level but **NOT** at the state level.

## Membership Requirements

- **MUST be enrolled in 4-H through 4-H Online at <https://nc.4honline.com/>**
  - Read the 4-H Code of Conduct
  - Approval from 4-H Agent/County 4-H Office
  - Payment of entry fees if applicable

## Age Categories

Cloverbud

Age Categories

North Carolina 4-H and NC State Extension has a no competition rules for 5-7 year old's. Best program management practices for youth ages 5-7 do not involve peer-to-peer competition. Peer-to-peer competition is defined as head to head absolute of youths 5-7.

Age Categories are listed below unless noted otherwise in specific competitions:

- 8-10, 11-12, 13-15, 16-18 – Project Records
- 13-15, 16-18 – Portfolios
- 8-10, 11-13, 14-18 – Presentation

# Presentations

Age Divisions: 5-7, 8-10, 11-13 & 14-18

Each county may enter two participants per age division per category for District Competition. District GOLD winners in all age categories are eligible to compete in State Presentation Finals. The 11-13 and 14-18 age category SILVER winners are eligible to compete as well. District awards may include medals or cash prizes depending upon the category. State awards include cash prizes. See the [official 4-H awards handbook](#) for more details.

1. Age eligibility is established on January 1, 2023. To participate in 2023, the 4-H member must be 8 years old on January 1, 2023, and not have had his/her 19<sup>th</sup> birthday before January 1, 2023.
2. The same presentation may be repeated from one year to the next (exception: see #15). However, the individual's personal development will be greater if the presentation is revised and improved.
3. Time Requirements: For all general presentation categories, the following time requirements are expected: a minimum of 5 minutes and a maximum of 12 minutes. Judges will use their discretion in ranking presentation length. Exceptions are as follows: Public Speaking (5-7 minutes); All Horse Categories (see #4); Chicken Barbecue (2 hours); Turkey Barbecue (2 hours); Pork Cookery (2 hours); Beef Char-Grill (2 hours). Turning baskets or cooking baskets are not permitted during Chicken and Turkey BBQ.
4. Horse Category Time Requirements: Horse, Individual 8-10, 11-13: 4-12 minutes; Horse, Individual 14-18: 9-12 minutes; Horse, Team 8-10, 11-13: 5-15 minutes; Horse, Team 14-18: 10-15 minutes; Horse Public Speaking 8-10, 11-13: 4-10 minutes; Horse Public Speaking, 14-18: 8-10 minutes. One point is deducted per judge for each minute under or overtime limits.
5. Youth competing in presentations compete against their room's competition, not a standardized norm.
6. 4-H'ers may compete in no more than one presentation program per year. The "Talent Showcase" (4-H Entertains) is not considered a presentation program.
7. Horticulture Science, Fruit & Vegetable, Egg Chef Challenge (Egg Cookery), and Peanut Foods categories must be a "demonstration".
8. Presentation Awards: Cloverbuds (age 5-7) will all receive a participation ribbon. All other categories will be placed first through sixth. Ribbons will be given for each placing.
9. The decision of the judges in each category is final.
10. A team is composed of two individuals. If team members are not in the same age division, they must compete in the older division.
11. No live animals may be used in any presentation. Firearms and/or weapons or anything resembling these are not allowed during any presentation.
12. Donor contacts and addresses can be obtained through the North Carolina 4-H Development Office.
13. Presenters are not required to say "the question has been asked" and then repeat the question.
14. Chicken and Turkey Char-Grill 14-18 Age Categories are required to do an oral presentation. See specific category descriptions above for more information. The meat will be provided for state level competition for these categories provided funding is available.
15. Please avoid promoting any "brand" items in your presentations. If you use specific brands especially in your foods presentations, just cover up the name labels.
16. Costumes or appropriate clothing can be worn in your presentations. All clothing must meet the 4-H Guidelines and must be 4-H appropriate.



17. 4-H Presentations MUST BE presented in person and cannot be pre-recorded except for VERY SHORT inserts to demonstrate something that can't be shown during the presentation, unless you are competing in a pre-recorded category. (ie. serving a volleyball; a robot driving over a course).

18. Presentation topics listed are suggestions and are not exhaustive. All topics must adhere to 4-H's non-discrimination policy. Topics on government, law, and civic issues are allowed. However they must not be discriminatory, religious, political, or ideologically persuasive in nature. For example "How to register to vote" is acceptable, "Why you should vote for the \_\_\_\_\_ party" is not. If you are unsure whether a topic is appropriate please reach out to Sarah.

## **2023 4-H Presentation Dates**

### **County Presentation Competition**

Presentations in all categories will be held face to face observing the Governor's Rules and Regulations at the time of the event. Outdoor Cookery Competitions will be held face to face.

### **District Presentation Competition**

Presentations in all categories will be held face to face observing the Governor's Rules and Regulations at the time of the event. Outdoor Cookery Competitions will be held face to face.

**The 2023 District Activity Day will be on Friday June 16th in Rutherford County.**

**District Activity Day State Registration Deadline is May 26th for all DAD participants. Counties will set their own deadline. There will be no exception to the May 26th due date.**

### **State Presentation Finals**

Presentations in all categories will be held face to face at the current time. We will follow COVID Guidelines as established by NC State and the Governor of North Carolina at the time of the event. We will notify every one of those guidelines prior to the event.

- **State Presentation Finals Registration Deadline is June 30, 2023 - NOON**
- **State Presentation Finals Date - July 22, 2023.**

For awards traditionally funded by endowments, the payment of the award in 2023 will be dependent upon the availability of investment income.

# Presentation Categories

Age Categories: 5-7, 8-10, 11-13 & 14-18

## Animal Science

### Horse

**Objective:** To increase the level of horse knowledge and expertise.

**Topics Include:** horse selection, breeding systems, care of mare and foal, the importance of nutrients, quality of feed and hays, health, anatomy and function, determining lameness, management, training, design of farms or barns, equine age determination, how to measure a horse's height, how to break a young horse, horse sports, etc.

**Team Option:** Horse presentations may be done as a team of two participants. Participants may be from different age categories however they **MUST** compete in the older division.

**Time Limit:** Individual ages 8-10, 11-13: 4-12 minutes; Individual age 14-18: 9-12 minutes. Team ages 8-10, 11-13: 5-15 minutes. Team age 14-18: 10-15 minutes. One point is deducted per judge for each minute under or overtime limits.

### Horse Public Speaking

**Objective:** To build confidence in a youth's ability to present horse-related information in a logical and concise manner.

**Topics Include:** horse selection, breeding systems, care of mare and foal, the importance of nutrients, quality of feed and hays, health, anatomy and function, determining lameness, management, training, design of farms or barns, equine age determination, how to measure a horse's height, how to break a young horse, horse sports, etc.

**Time Limit:** Ages 8-10, 11-13: 4-10 minutes; Age 14-18: 8-10 minutes.

### Livestock & Dairy Production

**Objective:** To increase the level of knowledge and expertise of production technologies and issues of the livestock and dairy industries.

**Topics Include:** feeding, balancing rations, creep feeding, feedlot equipment, hay and silage for ruminants, management, animal growth curve, care of young, the use of growth hormones, proper milking procedures, steps to castration, herd health, control of parasites, foot care trimming, disease prevention and control, industry-specific issues, how to show livestock, how to judge animals, methods of marketing, grading stock, genetics & reproduction, breeding selection, handling, loading and hauling, economic value, promotion, etc.

**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.



## **Small & Companion Animals**

**Objective:** To learn basic information and skills needed in the selection, care, and training of small animals.

**Topics Include:** the basic care of a dog, cat, bird, rabbit, hamster, etc., obedience, care of pets during a hurricane or emergency, picking the right pet, breeds of an animal, animal health, prevention of parasites, animal uses, etc.

**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.

## **Poultry**

**Objective:** To increase the level of knowledge & expertise in poultry science, poultry industry, poultry production, and poultry products.

**Topics Include:** embryology, backyard or commercial flocks, food safety in preparing poultry products, industry-specific issues, egg grading, poultry judging, avian anatomy, egg candling, showing chickens, etc.

**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.

# Citizenship & Civic Education

## **Citizenship/Community Service**

**Objective:** To encourage youth to learn about the citizenship program, to learn to be better citizens, how they can support their community, country, and world, to become involved in their community through service activities, and to teach youth the importance of giving back to their community.

**Topics Include:** The Constitution, the three branches of government, how bills become laws, the rights & responsibilities of being a US citizen, good and bad citizenship, current laws discussed in congress, identifying a community need, planning a service project, a national need of service, etc.

**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.

# Communication & Expressive Arts

## **Arts & Communication**

**Objective:** To study and investigate the varied aspects of communications and expressive arts. Also, to provide a forum for youth to share information related to communications and expressive arts.

**Topics Include:** modern crafts, art, collections, hobbies, dance, sign language, creative writing, music, clowning, acting, video editing, songwriting, etc. **NOTE:** This is a presentation category, not a performance opportunity.

**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.

## **Digital Reality**

**Objective:** Defined as a combination of real and virtual worlds, real-time interaction, and accurate 3D registration of virtual and real objects. It is also described as real-world connecting with technology. In this presentation, youth will showcase the enhanced natural environments and present enriched experiences using digital technology.

**Topics Include:** Showing technologies or computer-generated that uses augmented reality, how AR is enhancing the world today, how AR is used on smartphones, how AR is used in the military, the pros and cons of online learning, what makes a great video game, video game design, virtual reality, etc.

**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.

## **Public Speaking**

**Objective:** To develop an appropriate speaking presence and increase knowledge of and skills in speech preparation and delivery.

**Topics Include:** patriotism, 4-H involvement, alcohol and teens, staying in school, the effects of media on youth, academic testing, volunteerism, being a positive role model, teen advocacy, etc.

**Time Limit:** A minimum of 5 minutes and a maximum of 7 minutes.

# Family & Consumer Sciences

## **Family & Consumer Sciences**

**Objective:** To increase the level of knowledge regarding child and family relationships, parenting, family/home management, financial management, and consumer science.

**Topics Include:** Parenting, preparing and/or following a budget, stain removal, fabrics and selection of fabrics, tips for storing out-of-date clothing, the study of fibers, and clothing entrepreneurship. living space re-designs, room makeovers, home safety (radon, carbon monoxide, etc.), comparison shopping, energy conservation, waste management, the importance of recycling, creating an accessible home for those with a disability, etc.

**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.

## **Hospitality, Etiquette & Social Graces**

**Objective:** To encourage youth to learn and model proper etiquette and social graces.

**Topics Include:** introductions, a proper place setting, cell phone etiquette, party/event planning, dining dos and don'ts, writing thank you notes, dressing for a social occasion, flag etiquette, meeting etiquette, banquet etiquette, etc.



**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.

## Environmental Science

### Entomology

**Objective:** To depict aspects of entomology as fun and illustrate the importance of insects to human health and well-being.

**Topics Include:** insect collecting, the life cycle of insects, beekeeping, insect pests, fire ants, ticks, and spiders, how to raise crickets, how insects fly, keeping your home roach free, etc.

**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.

### Environmental Science (Soil & Water)

**Objective:** To increase awareness of environmental problems, which involve soil, land, or water resources, and to recognize the importance of these resources to individuals and society today.

**Topics Include:** lake/river beautification, stormwater, landfills, estuaries, protecting the Outer Banks, erosion control, groundwater, flood control, recycling, water conservation projects, recycling dairy waste, soils for animal waste lagoons, composting of home gardens, problem soils and septic tanks, etc.

**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.

### Fisheries & Aquatics

**Objective:** To engage youth in a deeper understanding of our aquatic environment and how to make wise decisions concerning aquatic resources.

**Topics Include:** aquaculture, marine life (fresh & salt water), fishing (commercial & recreational), marine environmental issues, (oil spills, beach litter, etc.), sea turtles, scuba diving, setting up an aquarium, whales, beach litter, crawfish aquaculture, pond management, habitat issues, etc.

**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.

### Forestry & Wildlife

**Objective:** To learn basic information and skills involved in forest and wildlife management.

**Topics Include:** tree identification, reforestation, invasive species, wildlife habitat, endangered species, prescribed burning, North Carolina wildlife identification, backyard wildlife, wildlife rehabilitation, etc. Guidelines on the web: <https://forestry.ces.ncsu.edu/4h/>

**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.

## Healthy Lifestyles

### **Agricultural Safety & Health**

**Objective:** To encourage youth to explore the area of agromedicine, farm safety & health as well as to gain a greater understanding of the connection between mental/physical health and agricultural work.

**Topics Include:** first aid for pesticide exposure, best steps for hazard mapping, grain bin safety and rescue, managing farm stress, tractor rollover protections, how to build safe play areas on farms, field hygiene and hand-washing, respirator fit-testing, safe handling of livestock, zoonotic disease, PTSD Veteran farmers, how to read pesticide labels, needle stick prevention, farming ergonomics, and many more...

**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.

### **Health/Fitness**

**Objective:** To encourage youth to investigate and improve their health, and the health of their family and community.

**Topics Include:** weight management and diet, exercise, fitness plans, asthma, car seat safety, carbon monoxide poisoning, child abuse, dental hygiene, eating disorders, CPR training, Heimlich maneuver, gang violence, heart disease, immunizations, Down Syndrome, cancer and cancer screening, sports injuries, the benefits of recreational activity, karate, etc.

**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.

### **Foods & Nutrition**

**Objective:** To learn the nutritional contributions in any food area that is not already identified as a presentation category, to acquire skills in planning, purchasing, preparing, and serving healthy foods, and basic in-depth nutrition.

**Topics Include:** bread, cookies, dairy, nutrition, major food groups, healthy eating, family recipes, pie making, etc.

**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.

### **Safety**

**Objective:** To encourage and promote safe living in the home and the community.

**Topics Include:** first aid, CPR, home fire safety plans, child identification safety, Amber Alerts, farm safety, school bus safety, babysitting safety tips, etc.

**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.

## **Fruits & Vegetable Use**

**Objective:** To learn the nutritional contributions of fruits and vegetables and acquire skills in planning, purchasing, using freshly picked fruits and vegetables, in preparing and serving fruits and vegetables in meals and snacks.

**Topics Include:** fruits and vegetables in your diet, the importance of fiber in your diet, vitamin A, fruit salads, fun with vegetables, etc.

**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.

## **Egg Chef Challenge (Egg Cookery)**

**Objective:** To develop and demonstrate leadership and communication skills, acquire knowledge of quality standards, size classification, nutritional value, preparation and storage, functional properties, versatility, and economic value of eggs, develop creative skills in the preparation, use, and serving of eggs, learn to enjoy eggs as food and use sound nutritional knowledge when planning meals.

<https://national4hpoultry.ca.uky.edu/content/egg-preparation-demonstration>

**Topics Include:** Creating a prepared dish, meeting the minimum egg service size requirement, information on the nutritional value, quality, and versatility of eggs, steps involved in the preparation of the dish, and a finished dish ready for sampling.

**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.

## **Peanut Foods**

**Objective:** To learn the nutritional contributions of peanuts and acquire skills in planning, purchasing, preparing, and serving peanuts in meals and snacks. Recipes presented must contain at least 1/8 cup (2 tablespoons) of peanuts, peanut butter, or flavored peanut pieces per serving.

**Topics Include:** peanut dishes, peanuts adding protein to meals, combining peanuts and grains in main dishes, peanuts and salads together, etc.

**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.

## **Dairy Foods**

**Objective:** To acquire skills in planning, purchasing, and serving dairy foods in meals and snacks, to learn scientific principles related to the safe care and handling of dairy foods, how dairy foods help meet the calcium and protein requirements of normal nutrition, develop an appreciation of the nutritional value of dairy foods.



**8-10 & 11-13:** Mastery of preparation steps of product chosen to represent a healthy choice of dairy foods  
**14-18:** Present a creative, knowledge-based presentation. Food preparation skills **are not** an emphasis. Each presentation should be knowledge-based with little or no focus on food preparation skills.

**Rules & Regulations:**

<https://nc4h.ces.ncsu.edu/youth-3/4-h-awards-incentives-programs-2/presentations/presentation-guidelines-dairy-foods/>

**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.

## Outdoor Cookery

### Turkey Grilling

**Objective:** The contestant will prepare and cook turkey patties using ground turkey (as is 85-90% lean) provided by the contest monitors. At least 75% by weight of the burger ingredients must consist of the ground turkey. Only the patties are submitted, and no other hamburger toppings may be included. Contestants must use a charcoal grill, and learn outdoor grilling skills, cooking principles of poultry and knowledge of nutritional values are to be demonstrated. Youth must provide their own grill and all supplies. **Oral Presentation is required for the 14-18 Age Category.** <https://national4hpoultry.ca.uky.edu/content/turkey-barbecue>

**Time Limit:** Two hours.

### Chicken Grilling

**Objective:** Each contestant will prepare four (4) bone-in, skin-on chicken thighs (1.5-2.0 lb. total) using a charcoal grill, and learning outdoor grilling skills, cooking principles of poultry, and knowledge of nutritional values are to be demonstrated. Youth must provide their own grill and all supplies. **Oral Presentation is required for the 14-18 Age Category.** <https://national4hpoultry.ca.uky.edu/content/chicken-barbecue>

**Time Limit:** Two hours.

### Beef Char Grilling

**Objective:** Prepare at least  $\frac{3}{4}$ -pound of beef using charcoal OR gas grill, and learn outdoor grilling skills, cooking principles of beef, and knowledge of nutritional value are to be demonstrated. Youth must provide their own grill and all supplies.

**Time Limit:** Two hours.

## **Pork Char Grilling**

**Objective:** Prepare at least  $\frac{3}{4}$ -pound of pork using charcoal OR gas grill, and learn outdoor grilling skills, cooking principles of pork, and knowledge of nutritional value are to be demonstrated. Youth must provide their own grill and all supplies. Youth must provide their own grill and all supplies.

**Time Limit:** Two hours.

## **Seafood Grilling**

**Objective:** Prepare a recipe that must contain no more than 750 calories per serving (serving size 3-4 oz.). Participants will learn outdoor grilling skills, cooking principles of seafood, and knowledge of nutritional value are to be demonstrated.

**Time Limit:** Two hours.

# Personal Development

## **Open Class**

**Objective:** To provide opportunities for youth to present unique subjects that are broader than the established subject categories.

**Topics Include:** how to play chess, cake decorating, studying your family tree, flying a kite, the great pyramids, how to pack for a trip, setting a beautiful table, etc.

**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.

## **Careers & Entrepreneurship**

**Objective:** To encourage youth to investigate careers in which they are interested and refine skills they will need for the workplace.

**Topics Include:** presentations on any career path, how to become a veterinarian, nurse, teacher, lawyer, rocket scientist, etc., what a park ranger does, a day in the life of a racecar driver, I want to be an archeologist, resume writing, dress for success, how to select a college, starting your own business, learning interview skills, etc.

**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.

## Plant Science

### Horticulture Science

**Objective:** To learn how to gather information related to fruits, vegetables, ornamental plants, and landscape design for the purposes of increasing food security and food safety, sustaining the environment, and enhancing economy vitality.

**Topics Include:** determine strategies for selling organic flowers at a farmer's market, growing the flowers for the farmer's market and selling them, collecting and propagating seeds of native wildflowers in your area, tour a tissue culture lab and learning about micropropagation, making a secret garden hideaway, build a self-sufficient treehouse with hydroponic containers, create an edible landscape for your school, evaluate the best beans for a teepee, design edible place favors, create a corsage for your favorite person using herbs, make a wreath using all-natural materials, and build a fairy crown using leaves from your favorite plant, etc.

**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.

## Science & Technology

### Agriculture Science (Crops)

**Objective:** To explore the production and utilization of agronomic crops and learn new technologies and developments in crop production/utilization.

**Topics Include:** alternative crops, pest management, biotechnology in crop production, no-till crop production, crop issues surrounding peanut, cotton, tobacco, etc.

**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.

### Wheels & Engines

**Objective:** To learn basic information and skills needed to purchase, operate and maintain a bicycle, skateboard, automobile, motorcycle, ATV, tractor, and small engine equipment.

**Topics Include:** road rules, types of bikes, skateboards, maintenance, repair, recreational activities, car selection, repair, maintenance and performance racing, etc.

**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.

### Science & Technology

**Objective:** To encourage study and investigation in all aspects of science and technology.



**Topics Include:** DNA, genetics, science fair competitions, chemistry, physics, geology, biotechnology, aerospace, rocketry, computer science, the science of volcanoes, hurricanes, etc.

**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.

## **Electric**

**Objective:** To demonstrate knowledge of basic electricity, electric energy, conservation of energy, and other related electrical principles and facts.

**Topics Include:** magnets, solar energy, energy-saving devices, how electricity is generated, wire size, amps, watts and voltage, meter reading, lamp repair, construction, etc.

**Time Limit:** A minimum of 5 minutes and a maximum of 12 minutes.

# Posters

Age Divisions: 5-7, 8-10, 11-13 & 14-18

Each participant may enter one poster per competition. The poster must be a freestanding standard size tri-fold standing 36" tall by 48". It must be able to stand without support on a table top. Additional display items are not allowed. Youth must stand next to their poster and be prepared to answer questions during the judging portion of the event. Parents may observe the judging portion from a designated area but may not intervene or answer questions on behalf of the participant.

1. Age eligibility is established on January 1, 2023. To participate in 2023, the 4-H member must be 8 years old on January 1, 2023, and not have had his/her 19<sup>th</sup> birthday before January 1, 2023.
2. The same poster may not be repeated from one year to the next.
3. Youth competing in presentations compete against their topic's category, not a standardized norm.
6. 4-H'ers may compete in no more than one poster per year. Youth may enter both a poster and presentation.
7. Poster Awards: Cloverbuds (age 5-7) will all receive a participation ribbon. All other categories will be placed first through sixth. Ribbons will be given for each placing.
8. The decision of the judges in each category is final.
9. Please avoid promoting any "brand" items in your presentations. If you use specific brands especially in your foods presentations, just cover up the name labels.
10. Business casual dress is encouraged (i.e., slacks, skirt, collared shirt, etc...) but not required. All clothing must meet the 4-H Guidelines and must be 4-H appropriate.
11. Poster topics listed are suggestions and are not exhaustive. All topics must adhere to 4-H's non-discrimination policy. Topics on government, law, and civic issues are allowed. However they must not be discriminatory, religious, political, or ideologically persuasive in nature. For example "How to register to vote" is acceptable, "Why you should vote for the \_\_\_\_\_ party" is not. If you are unsure whether a topic is appropriate please reach out to Sarah.



# Poster Categories

Age Categories: 5-7, 8-10, 11-13 & 14-18

## Animal Science

### Horse

**Objective:** To increase the level of horse knowledge and expertise.

**Topics Include:** horse selection, breeding systems, care of mare and foal, the importance of nutrients, quality of feed and hays, health, anatomy and function, determining lameness, management, training, design of farms or barns, equine age determination, how to measure a horse's height, how to break a young horse, horse sports, etc.

### Livestock & Dairy Production

**Objective:** To increase the level of knowledge and expertise of production technologies and issues of the livestock and dairy industries.

**Topics Include:** feeding, balancing rations, creep feeding, feedlot equipment, hay and silage for ruminants, management, animal growth curve, care of young, the use of growth hormones, proper milking procedures, steps to castration, herd health, control of parasites, foot care trimming, disease prevention and control, industry-specific issues, how to show livestock, how to judge animals, methods of marketing, grading stock, genetics & reproduction, breeding selection, handling, loading and hauling, economic value, promotion, etc.

### Small & Companion Animals

**Objective:** To learn basic information and skills needed in the selection, care, and training of small animals.

**Topics Include:** the basic care of a dog, cat, bird, rabbit, hamster, etc., obedience, care of pets during a hurricane or emergency, picking the right pet, breeds of an animal, animal health, prevention of parasites, animal uses, etc.

### Poultry

**Objective:** To increase the level of knowledge & expertise in poultry science, poultry industry, poultry production, and poultry products.

**Topics Include:** embryology, backyard or commercial flocks, food safety in preparing poultry products, industry-specific issues, egg grading, poultry judging, avian anatomy, egg candling, showing chickens, etc.

## Citizenship & Civic Education

### Citizenship/Community Service

**Objective:** To encourage youth to learn about the citizenship program, to learn to be better citizens, how they can support their community, country, and world, to become involved in their community through service activities, and to teach youth the importance of giving back to their community.

**Topics Include:** The Constitution, the three branches of government, how bills become laws, the rights & responsibilities of being a US citizen, good and bad citizenship, current laws discussed in congress, identifying a community need, planning a service project, a national need of service, etc.

## Communication & Expressive Arts

### Arts & Communication

**Objective:** To study and investigate the varied aspects of communications and expressive arts. Also, to provide a forum for youth to share information related to communications and expressive arts.

**Topics Include:** modern crafts, art, collections, hobbies, dance, sign language, creative writing, music, clowning, acting, video editing, songwriting, etc.

## Family & Consumer Sciences

### Family & Consumer Sciences

**Objective:** To increase the level of knowledge regarding child and family relationships, parenting, family/home management, financial management, and consumer science.

**Topics Include:** Parenting, preparing and/or following a budget, stain removal, fabrics and selection of fabrics, tips for storing out-of-date clothing, the study of fibers, and clothing entrepreneurship. living space re-designs, room makeovers, home safety (radon, carbon monoxide, etc.), comparison shopping, energy conservation, waste management, the importance of recycling, creating an accessible home for those with a disability, etc.

### Hospitality, Etiquette & Social Graces

**Objective:** To encourage youth to learn and model proper etiquette and social graces.

**Topics Include:** introductions, a proper place setting, cell phone etiquette, party/event planning, dining dos and don'ts, writing thank you notes, dressing for a social occasion, flag etiquette, meeting etiquette, banquet etiquette, etc.

## Environmental Science

### Entomology

**Objective:** To depict aspects of entomology as fun and illustrate the importance of insects to human health and well-being.

**Topics Include:** insect collecting, the life cycle of insects, beekeeping, insect pests, fire ants, ticks, and spiders, how to raise crickets, how insects fly, keeping your home roach free, etc.

### Environmental Science (Soil & Water)

**Objective:** To increase awareness of environmental problems, which involve soil, land, or water resources, and to recognize the importance of these resources to individuals and society today.

**Topics Include:** lake/river beautification, stormwater, landfills, estuaries, protecting the Outer Banks, erosion control, groundwater, flood control, recycling, water conservation projects, recycling dairy waste, soils for animal waste lagoons, composting of home gardens, problem soils and septic tanks, etc.

### Fisheries & Aquatics

**Objective:** To engage youth in a deeper understanding of our aquatic environment and how to make wise decisions concerning aquatic resources.

**Topics Include:** aquaculture, marine life (fresh & salt water), fishing (commercial & recreational), marine environmental issues, (oil spills, beach litter, etc.), sea turtles, scuba diving, setting up an aquarium, whales, beach litter, crawfish aquaculture, pond management, habitat issues, etc.

### Forestry & Wildlife

**Objective:** To learn basic information and skills involved in forest and wildlife management.

**Topics Include:** tree identification, reforestation, invasive species, wildlife habitat, endangered species, prescribed burning, North Carolina wildlife identification, backyard wildlife, wildlife rehabilitation, etc.  
Guidelines on the web: <https://forestry.ces.ncsu.edu/4h/>

## Healthy Lifestyles

### Agricultural Safety & Health

**Objective:** To encourage youth to explore the area of agromedicine, farm safety & health as well as to gain a greater understanding of the connection between mental/physical health and agricultural work.

**Topics Include:** first aid for pesticide exposure, best steps for hazard mapping, grain bin safety and rescue, managing farm stress, tractor rollover protections, how to build safe play areas on farms, field hygiene and hand-washing, respirator fit-testing, safe handling of livestock, zoonotic disease, PTSD Veteran farmers, how to read pesticide labels, needle stick prevention, farming ergonomics, and many more...

## **Health/Fitness**

**Objective:** To encourage youth to investigate and improve their health, and the health of their family and community.

**Topics Include:** weight management and diet, exercise, fitness plans, asthma, car seat safety, carbon monoxide poisoning, child abuse, dental hygiene, eating disorders, CPR training, Heimlich maneuver, gang violence, heart disease, immunizations, Down Syndrome, cancer and cancer screening, sports injuries, the benefits of recreational activity, karate, etc.

## **Foods & Nutrition**

**Objective:** To learn the nutritional contributions in any food area that is not already identified as a presentation category, to acquire skills in planning, purchasing, preparing, and serving healthy foods, and basic in-depth nutrition.

**Topics Include:** bread, cookies, dairy, nutrition, major food groups, healthy eating, family recipes, pie making, etc.

## **Safety**

**Objective:** To encourage and promote safe living in the home and the community.

**Topics Include:** first aid, CPR, home fire safety plans, child identification safety, Amber Alerts, farm safety, school bus safety, babysitting safety tips, etc.

## **Cooking and Baking**

**Objective:** To learn safe food handling, how to read a recipe, how to prepare a variety of meals.

**Topics Include:** food safety and cross-contamination, how to prepare a dinner at home, knife skills, how to read a recipe, how to shop for pantry staples. etc...

# Personal Development

## **Open Class**

**Objective:** To provide opportunities for youth to present unique subjects that are broader than the established subject categories.

**Topics Include:** how to play chess, cake decorating, studying your family tree, flying a kite, the great pyramids, how to pack for a trip, setting a beautiful table, etc.

## **Careers & Entrepreneurship**

**Objective:** To encourage youth to investigate careers in which they are interested and refine skills they will need for the workplace.

**Topics Include:** presentations on any career path, how to become a veterinarian, nurse, teacher, lawyer, rocket scientist, etc., what a park ranger does, a day in the life of a racecar driver, I want to be an archeologist, resume writing, dress for success, how to select a college, starting your own business, learning interview skills, etc.

## **Plant Science**

### **Horticulture Science**

**Objective:** To learn how to gather information related to fruits, vegetables, ornamental plants, and landscape design for the purposes of increasing food security and food safety, sustaining the environment, and enhancing economy vitality.

**Topics Include:** determine strategies for selling organic flowers at a farmer's market, growing the flowers for the farmer's market and selling them, collecting and propagating seeds of native wildflowers in your area, tour a tissue culture lab and learning about micropropagation, making a secret garden hideaway, build a self-sufficient treehouse with hydroponic containers, create an edible landscape for your school, evaluate the best beans for a teepee, design edible place favors, create a corsage for your favorite person using herbs, make a wreath using all-natural materials, and build a fairy crown using leaves from your favorite plant, etc.

## **Science & Technology**

### **Agriculture Science (Crops)**

**Objective:** To explore the production and utilization of agronomic crops and learn new technologies and developments in crop production/utilization.

**Topics Include:** alternative crops, pest management, biotechnology in crop production, no-till crop production, crop issues surrounding peanut, cotton, tobacco, etc.

### **Wheels & Engines**

**Objective:** To learn basic information and skills needed to purchase, operate and maintain a bicycle, skateboard, automobile, motorcycle, ATV, tractor, and small engine equipment.

**Topics Include:** road rules, types of bikes, skateboards, maintenance, repair, recreational activities, car selection, repair, maintenance and performance racing, etc.

## **Science & Technology**

**Objective:** To encourage study and investigation in all aspects of science and technology.

**Topics Include:** DNA, genetics, science fair competitions, chemistry, physics, geology, biotechnology, aerospace, rocketry, computer science, the science of volcanoes, hurricanes, etc.

## **Electric**

**Objective:** To demonstrate knowledge of basic electricity, electric energy, conservation of energy, and other related electrical principles and facts.

**Topics Include:** magnets, solar energy, energy-saving devices, how electricity is generated, wire size, amps, watts and voltage, meter reading, lamp repair, construction, etc.

# Project Records

Age Categories: 5-7, 8-10, 11-12, 13-15 & 16-18

Each county may enter two participants per age division per category for District Competition. Records are only judged on the District Level. Gold, Silver and Bronze winners will be selected.

1. The project record competition recognizes excellence in annual 4-H project record books. Youth, who have been declared county champions in one or more of the curriculum areas listed, are eligible to compete for district awards in four age groups: 8-10, 11-12, 13-5, and 16-18.
2. Cloverbuds (age 5-7) will all receive a participation ribbon. All other categories will be placed first through sixth. Ribbons will be given for each placing.
3. Cloverbuds do not qualify for District Competition.
4. District gold awards are valued at \$50.
5. Age eligibility is established on January 1 of the project year. Work on the project may cover no more than 12 months. The 4-H program year is January – December, annually.
6. Records will be held in the County Extension office after judging. The 4-H'ers may not make improvements or alterations to the content of the record books after they have been submitted for county competition. This will ensure equal time for competitors to work on their project records. Project work in records should reflect work from January through December. Records are due to the county 4-H office on February 1st and in the State 4-H office on March 1 or as noted by the state 4-H staff.
7. A 4-H member may submit up to two project records for district competition. Counties may submit their top two projects in each category for district competition.
8. The district award will be mailed to the County Extension office and distributed as determined by the county 4-H program staff. Award checks are written in the fall upon completion of all 4-H award areas.
9. Project records that are partially funded will receive a monetary award, which reflects current funding.
10. A 4-H member can be named a district gold winner in a curriculum area only one time for each age category. They can continue competing in that category, however can only be named a gold winner once.

## **Project Records for the 2023 project work will be due to state level on March 1, 2024**

For awards traditionally funded by endowments, the payment of the award in 2023 will be dependent upon the availability of investment income.

# Project Records Categories

Age Categories: 8-10, 11-12, 13-15 & 16-18

## Animal Science

**Objective:** Allows youth to explore the world of animal science. Records in this category should include any project related to animal science. Animal science is described as the study of the biology of animals that are under the control of mankind. Typically, you will include, but not limited to, cattle, sheep, pigs, goats, poultry, and horses.

## Citizenship & Civic Education

**Objective:** Allows youth to explore the world of citizenship and civic education. Civic means relating to the community and connecting with the duties and obligations of belonging to a community. Citizenship is about understanding certain duties, rights, and privileges and solving real problems in a community. Youth discover the possibilities of democratic citizenship and build a commitment to take action in new and exciting ways. Service learning is engaging youth in actively giving back to the community and reflecting thoughtfully on the implications of service, all to make their communities a better place.

## Communication Arts

**Objective:** Allows youth to explore topics that emphasize artistic expression and communication. Topics range from photography, crafts, dance, music, media, creative writing, poetry, clowning, theater, acting, speech, language, etc.

## Environmental Science

**Objective:** Allows youth to explore through fields, forest, wetlands, and urban areas to discover the wonders of the environment. Through 4-H projects in this area, youth learn about the interconnection of people and nature.

## Family & Consumer Sciences

**Objective:** To increase the level of knowledge regarding child and family relationships, parenting, family/home management, financial management, and consumer science.

## Healthy Lifestyles

**Objective:** Allows youth to explore the world of healthy lifestyle programs that include food and nutrition, health, and safety projects. Youth learn to make healthy food choices, gain knowledge of nutrition, and improve physical, intellectual, emotional, and social health.



## **Plant Science**

**Objective:** Allows youth to explore the world of plant science. Youth can investigate soils, plants, crop production, and more.

## **Personal Development & Leadership**

**Objective:** To encourage youth to develop themselves in the area of leadership. Focus on what they have done in 4-H as it relates to career readiness and leadership.

## **Science & Technology**

**Objective:** To allow youth to demonstrate their knowledge of basic electricity, electric energy, conservation of energy, as well as the technology that is used to help understand science. Science is defined as the study of the world around us. It's the theory that lies behind all of our 4-H projects. Technology is defined as the tools and applications of science that help individuals advance.

# Portfolios

Age Categories: 13-15 & 16 -18

**Portfolios for the 2023 program year will be due to the county on February 1 and at the state level on March 1, 2024.**

Each county may enter as many Portfolios as they wish, however a 4-H'er may only submit 2 total for District and State Competition. Portfolios are judged on the District and State Level.

1. Age eligibility is established on January 1, 2023. To participate in the 13-15-year-old age group, the 4-H member must be 13 years old on or before January 1, 2023 and not have had his/her 16<sup>th</sup> birthday before January 1, 2023. To participate in the 16-18-year-old group, the member must be 16 years old on or before January 1, 2023 and not have had his/her 19<sup>th</sup> birthday before January 1, 2023.
2. To be eligible for district and state awards, the member must:
  - a. has been enrolled in 4-H at least three years, and preferably more than three years,
  - b. be enrolled during the current year in the program area in which competing,
  - c. record three years of information on the pages of the NC 4-H Portfolio report form.
3. A 4-H member may submit a Portfolio for district and state competition in no more than two program areas during the same year.
4. A 4-H member may be declared a state winner in only one 4-H Portfolio per year. He/she may also be declared state silver or bronze winner in one additional program area per year.
5. A 4-H member may continue in the same Portfolio category after they are declared a gold winner in that age category. However, they cannot be awarded state gold more than one time in each age category. They can be declared state silver or bronze more than one time.
6. There is no limit to the number of Portfolios a county can submit in any categories.
7. If a creditable Portfolio is not submitted in a project area, no winner will be declared.
8. As of December 1, 2023, some donors had not renewed their support contracts, or a donor had not yet been secured for some 2023 programs. Therefore, if a donor is not secured or renewed for a category, the state award will be a certificate and medallion.
9. Awards that are provided by state donors will be distributed in the fall of the year selected.

## State and District Portfolio Awards

District level winners receive a ribbon. State level winners receive a ribbon, medal, and award of the following value, unless otherwise noted. \*

Ages 13 to 15:	Ages 16 to 18:
Gold, \$150	Gold, \$150
Silver, \$100	Silver, \$100
Bronze, \$50	Bronze, \$50

\*For those awards traditionally funded by endowments, the payment of the award in 2022 will be dependent upon the availability of investment income.

# Portfolio Categories

Age Categories: 13-15 & 16-18

## Animal Science

### Agriculture

**Objective:** Allow youth to explore the production and utilization of agronomic crops and learn new technologies and developments in crop production/utilization.

### Beef

**Objective:** To increase the level of knowledge and expertise of production technologies and issues of the beef industry.

### Dairy

**Objective:** To increase the level of knowledge and expertise of production technologies and issues of the dairy industry.

### Horse

**Objective:** To increase the level of horse knowledge and expertise and build confidence in a youth's ability to present horse related information in a logical and concise manner.

### Poultry Production & Preparation

**Objective:** To increase the level of knowledge & expertise of poultry science, poultry industry, poultry production, &/or poultry products.

### Sheep/Goat

**Objective:** To increase the level of knowledge and expertise of production technologies and issues of the sheep/goat industries.

### Swine

**Objective:** To increase the level of knowledge and expertise of production technologies and issues of the swine industry.

### Veterinary Science

**Objective:** To increase the level of knowledge and expertise of issues related to veterinary science.

## Citizenship & Civic Education

### Citizenship & Community Service

**Objective:** To encourage youth to learn about the citizenship program, to learn to be better citizens, how they can support their community, country, and the world, to become involved in their community through service activities, and to teach youth the importance of giving back to their community.

## Communication & Expressive Arts

### Public Speaking/Communications

**Objective:** To provide opportunities for youth to develop an appropriate speaking presence and increase their knowledge of and skills in speech preparation and delivery.

### Expressive Arts

**Objective:** To encourage youth to study and investigate the varied aspects of communications and expressive arts. Also, to provide a forum for youth to share information related to communications and expressive arts.

## Environmental Science

### Forestry & Natural Resources

**Objective:** To teach youth the skills involved in forest & wildlife management.

## Family & Consumer Sciences

### Family & Consumer Sciences

**Objective:** To increase the level of knowledge regarding child and family relationships, parenting, family/home management, financial management, and consumer science.

## Healthy Lifestyles

### Foods & Nutrition

**Objective:** To encourage youth to learn the nutritional contributions in any foods to acquire skills in planning, purchasing, preparing, and serving healthy foods, and to learn about basic/in-depth nutrition.

### Health & Safety

**Objective:** To encourage youth to investigate and improve their health and the health of their family and community.



## **Sports Nutrition**

**Objective:** To encourage youth to research topics associated with nutrition and diet as it relates to athletic performance. Research should connect to the type and quantity of fluid and food taken by athletes and sports training regiments, such as strengths and endurance sports.

# Personal Development

## **Achievement**

**Objective:** To encourage youth to develop and recognize personal growth through their 4-H career. In this portfolio, youth will share all of their most valuable 4-H experiences and combine them into one 4-H Portfolio. Focus on those projects, activities, and accomplishments that they have excelled in and learned the most about.

## **Leadership**

**Objective:** To encourage youth to develop themselves in leadership. Focus on what they have done in 4-H as it relates to leadership.

## **Career & Personal Development**

**Objective:** To encourage youth to investigate careers in which they are interested and refine skills they will need for the workplace.

# Plant Science

## **Plant & Horticultural Sciences**

**Objective:** To encourage youth to research plant and horticultural sciences. To teach youth how to properly grow and market horticultural crops, ornamental plants, how to apply landscaping principles etc.

# Science & Technology

## **Electric Energy**

**Objective:** To allow youth to demonstrate their knowledge of basic electricity, electric energy, conservation of energy, and other related electrical principles and facts.

## **Science & Technology**

**Objective:** To encourage study and investigation in all aspects of science & technology. **This does not include Electric as Electric has its own category.**

# Mountain State Fair

Participants have the option to submit a project in the Mountain State Fair as their showcase option.

1. For livestock showing and additional project category information visit the Mountain State Fair website at <https://www.wncagcenter.org/p/mountainstatefair>
2. Participants must indicate Mountain State Fair on their showcase selection form and identify their project category.
3. After submitting their selection form, participants must then complete the sign up process through the Mountain State Fair's website portal. Follow the website's guidelines for age categories and project submission information.
4. Transylvania County 4-H is not directly affiliated with the Mountain State Fair. We are NOT responsible for the registration, transportation, or judging of fair projects.
5. Youth entering items in the fair may also participate in the presentation and poster competition.



# Mountain State Fair Categories

Age Categories: 6-8, 9-11, 12-14, 15-19

Categories Subject to Change. Please Consult the Mountain State Fair website for Guidelines

## Horticultural Products

- Fruit and root vegetables
- Leafy stem and headed vegetables
- Root bulb and tuber vegetables
- Vine vegetables
- Ornamental vegetables
- Fruits
- Large vegetables
- Fruit, vegetable, and gourd arrangements
- \*\* other classes may be available, visit the Mountain State Fair website for more details\*\*

## Agronomic Products

- Hay, any variety
- Field corn, yellow or white
- Silage or haylage
- Any other not listed (specify in entry)

## Art

### 2D Art

- Acrylic
- Printing (block print, stamping, rubbings)
- Digital (any work with aid of computer & printer)
- Color pencil
- Crayon
- Mixed media (two-dimensional)
- Oil
- Pastels (soft & oil)
- Pen & ink
- Black & white drawing (pencil & charcoal)
- Tempera paints
- Watercolor

### 3D Art

- Clay
- Wire
- Stone
- Mixed media



## **Baked Foods**

### **Breads, Rolls, Muffins, Quick Breads, Biscuits**

- Yeast bread, ½ loaf
- Yeast rolls, 6
- Quick bread, ½ loaf
- Muffins, from scratch, 4
- Biscuits, plain, from scratch, 4

### **Cakes, Pies**

- Pound cake, any type, ½ cake
- Any layer cake, any frosting, ½ cake
- Cupcakes
- Pies, any

### **Decorated Cakes, Cupcakes**

- Decorated cake
- Decorated cupcakes

### **Cookies**

- Cookies, drop, ½ dozen
- Cookies, rolled, ½ dozen
- Cookies, bar, ½ dozen

### **Candy**

- Fudge, cooked, old-fashioned beat chocolate, 6 pieces
- Fudge-like candy, any type or flavor, 6 pieces
- Hard candy, 6 pieces
- Mints, quick method, not pulled, 6 pieces
- Any candy-toffee, caramel, etc., 6 pieces

## **Photography**

### **Color Prints**

- Agriculture related
- Plants & flowers
- Animals/insects - in nature, natural habitat
- Animals - pets, tamed, domestic
- Landscape - nature, scenic
- Landscape - architectural, abstract
- People & portraits
- 2022 photograph of the Mountain State Fair
- Story-telling sequence (4)
- Computer altered, edited, use of filters, or other techniques

### **Black & White/ Silvertone/ Monochrome Prints**





- Agriculture related
- Plants & flowers
- Animals/insects - in nature, natural habitat
- Animals - pets, tamed, domestic
- Landscape
- People & portraits
- 2022 photograph of the Mountain State Fair
- Computer altered, edited, use of filters, or other techniques

## **Preserved Foods**

### **Canned Fruits (Pint or quart jars)**

- Apples
- Applesauce
- Berries (blackberries, dewberries, blueberries, etc...)
- Peaches (whole or sliced)
- Pears (halves or sliced)
- Fruit not already listed (specify)

### **Canned Vegetables (Pint or quart jars)**

- Tomatoes (whole or quartered, water packed)
- Tomato juice
- Beans (Green, snap or wax)
- Carrots (Whole or cut)
- Vegetables not already listed (specify)

### **Dried Fruits, Vegetables, Herbs (Pints or quart jars)**

- Dried fruit
- Dried vegetables
- Dried herbs

### **Jelly From Home-Prepared Juice (Half pint or pint jars)**

- Apple jelly (home-prepared juice)
- Grape jelly (home-prepared juice)
- Blackberry jelly
- Jelly not already listed (specify)

### **Preserves (Half pint or pint jars)**

- Peach preserves
- Strawberry preserves
- Preserves not already listed (specify)

### **Jam, Butter (Half pint or pint jars)**

- Peach jam
- Blueberry jam
- Blackberry jam
- Strawberry jam



- Jam not already listed (specify)
- Apple butter
- Butter not already listed (specify)

**Pickles, Relish (Half pint, pint, or quart jars)**

- Bread and butter pickles
- Cucumber pickles - sour
- Cucumber pickles - sweet
- Vegetable pickles not already listed (specify)
- Relish - all types

**Sauces**

- Salsa
- Any other sauces not already listed (specify)

**Crafts**

**General (Not to Exceed 2' by 2')**

- Holiday decoration
- Household accessories
- Silk arrangement
- Tie dying
- Toys
- Wall hanging
- Beadwork (other than jewelry)

**3D (Not to Exceed 2' wide by 2' long by 3' high)**

- Candle making
- Ceramics
- Pottery
- Metal crafts
- Paper crafts
- Plaster crafts
- Plastic crafts
- Painted rocks

**Stuffed Articles (Machine or Hand)**

- Sewn
- Hand knitted/crocheted
- Other - toys
- Other - household accessories (potholders, pillows, etc...)

**Needle/Hand Crafts**

- Cross stitch, counted
- Embroidered/needlepoint
- Leather crafts
- Latch hook



- Stenciling

### **Sewn (Machine or Hand)**

- Housewares
- Accessories (wearable or non)
- Item not already listed

### **Knitted & Crocheted (Machine or Hand)**

- Accessories (non-wearable)
- Housewares

### **Quilted (Machine or Hand)**

- Accessories/housewares (non-wearable)

### **Basketry**

- Woven
- Natural gathered materials
- Mixed materials

### **Tin Punch**

- Flat sheet
- 3D object (cans, pans, tin boxes, etc...)

## **Clothing**

### **Sewn (Machine or Hand)**

- Garment or outfit (one or more pieces)
- Costume
- Item not already listed

### **Knitted & Crocheted (Machine or Hand)**

- Garment or outfit (one or more pieces)
- Accessories (wearable)

### **Quilted (Machine or Hand)**

- Garment or outfit (one or more pieces)
- Accessories (wearable)

## **Quilted Items**

- Wall hanging
- Bed/lap quilt (any size)

## **Hand Weaving & Spinning**

### **Weaving**

- Clothing
- Household accessories
- Any other

### **Felting**

- Clothing



- Household accessories
- Any other

## **Hand Spun Yarn**

### **Jewelry**

- Beaded
- Wire
- Recyclables
- Clay
- Braided/weaved

### **Wood Crafts**

- Wood burning
- Wood carving
- Wood working, small, under 1' kits
- Wood working, large, max 2'x 2', kits
- Wood working, small, under 1' **NO** kits
- Wood working, large, max 2'x 2', **NO** kits
- Wood walking stick

### **Building Blocks - Kits**

#### **Plastic Block (Lego, Duplo, Building Blocks)**

- Fair theme
- Animal theme
- House theme
- Movie theme
- Other not listed

#### **Wooden Block (Building Blocks, Logs)**

- Fair theme
- Animal theme
- House theme
- Movie theme
- Other not listed

#### **Wood Puzzle/Sticks (Fiddle Sticks, Tinker Toy, 3D Wood)**

- Fair theme
- Animal theme
- House theme
- Movie theme
- Other not listed

### **Metal**

- Fair theme
- Animal theme



- House theme
- Movie theme
- Other not listed

**Plastic Connectors (Crazy Connectors, K’Nex, Magnetic Builders, Zoob Building)**

- Fair theme
- Animal theme
- House theme
- Movie theme
- Other not listed

**Plastic Connectors/ Blocks with Working Parts**

- Fair theme
- Animal theme
- House theme
- Movie theme
- Other not listed

**Building Blocks - Non-Kits**

**Plastic Block (Lego, Duplo, Building Blocks)**

- Fair theme
- Animal theme
- House theme
- Movie theme
- Other not listed

**Wooden Block (Building Blocks, Logs)**

- Fair theme
- Animal theme
- House theme
- Movie theme
- Other not listed

**Plastic Connectors (Crazy Connectors, K’Nex, Magnetic Builders, Zoob Building)**

- Fair theme
- Animal theme
- House theme
- Movie theme
- Other not listed

**Recycling (Not to Exceed 2’ wide by 2’ long by 3’ high)**

- Toys
- Art/decoration
- Yard art
- Accessories

## **Flower & Garden**

### **Container Grown - Flowering Annuals (Grown in Exhibitor's Container - Maximum Size 12"x 12"x 12")**

- One variety
- Two or more varieties

### **Container Grown - Culinary Herbs (Grown in Exhibitor's Container - Maximum Size 12"x 12"x 12" with or without blooms)**

- Basil
- Mint
- Oregano
- Parsley
- Rosemary
- Sage
- Lavender
- Any herb not listed

### **Container Grown - No Hanging Containers (Grown in Exhibitor's Container - Maximum Size 18"x 18"x 18")**

- Fairy garden, 2 or more plants, accessories
- Terrarium garden - animal theme
- Terrarium garden - house/village theme
- Terrarium garden - fair theme
- Plants in a container from kitchen
- Any other not listed

### **Largest Grown Items**

- Largest elephant leaf

## **Egg Show**

### **Chicken White-Shelled Eggs (One Dozen)**

- Small/medium size
- Large/extra large size

### **Chicken Brown-Shelled Eggs (One Dozen)**

- Small/medium size
- Large/extra large size

### **Chicken Blue/Green or Other-Shelled Eggs (One Dozen)**

- Small/medium size
- Large/extra large size

### **Duck-Shelled Eggs (One Dozen)**

- White
- Green/blue/gray or other color



## **Very Special Arts (Limited to Individuals with Special Needs ages 6 and older)**

### **Floral Design**

- “Flower Foot” - Arrangement of any type of artificial flower in an old boot or shoe

### **Flower & Garden**

- Any cut flower, any color, under 3” in diameter, 1 stem
- Any cut flower, any color, over 3” in diameter, 1 stem
- House plant in any container, hanging basket
- Exhibit/arrangement using fresh flowers in any container
- Exhibit/arrangement using natural materials found in nature (sticks, leaves...) in any container
- Fair themed arrangement

### **Best Decorated Pumpkin or Gourd**

- Best decorated pumpkin
- Best decorated gourd (fresh or dried)

### **Shoebox Parade Float Competition**

- Decorated shoe box - size not to exceed 14” x 14” x 14”

### **Baked Foods**

- Bread (whole), muffins (6), rolls (6), or biscuits (6)
- Decorated cake, cupcakes
- Cookies

### **Art**

- Acrylic
- Charcoal
- Collage - people
- Collage - animals
- Color pencil - people
- Color pencil - place
- Color pencil - animals
- Crayon - people
- Crayon - place
- Crayon - animals
- Finger paint - people
- Finger paint - place
- Finger paint - animals
- Mixed media - flat (classify in the majority medium; otherwise use this class)
- Mixed media - 3D (classify in the majority medium; otherwise use this class)
- Oil
- Pastel
- Pen & ink
- Pencil



- Stamp printing
- Tempera
- Watercolor - abstract
- Watercolor - other
- Any other art not listed above

### **Photography (Color or Black & White Prints)**

- Agriculture related
- Plants & flowers
- Animals/insects
- Landscape - scenic
- People & portraits & sports
- 2022 photograph of the NC Mountain State Fair

### **Crafts, General**

- Holiday craft
- Household accessories
- Tie dying
- Toy
- Wall hanging
- Any other not listed

### **Craft Kits**

- Craft kits
- Model kits
- Lego - must have a solid base, not to exceed 2' wide by 2' long by 3' high
- Any other not listed

### **Crafts - Art**

- Bread dough crafts
- Paper crafts - pattern/stamp
- Paper crafts - other
- Plaster crafts
- Clay
- Seed crafts
- String art

### **3D Crafts**

- Basketry
- Dolls
- Jewelry - necklace
- Jewelry - bracelet
- Metal crafts
- Pottery
- Recycling - natural materials found in nature (wood, sticks, pinecones...)
- Recycling - household trash (bottles, cans)





- Sculpture
- Tin punch
- Woodworking

#### **Needle/Hand Crafts**

- Crocheted or hand knitted items
- Cross stitch, embroidered, needlepoint item
- Leather craft
- Quilted blankets
- Quilted accessories
- Spinning, weaving and felting
- Stenciling
- Sewn item

#### **Participation (For ages 5 and Under)**

- Seed and/or bean art
- Jewelry
- Art exhibit - painted, drawn, or coloring page
- Art exhibit - hand or finger paint work
- Art exhibit - string art
- Craft exhibit (not jewelry)
- Craft exhibit - use of items found in nature like sticks, pinecones, leaves...
- Shoe box parade float exhibit - size not to exceed 14" x 14" x 14"
- Horticultural - item or items grown by exhibitor. Can be fruit, vegetable, and/or flowers
- Legos - no bigger than 12" x 12"