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Transylvania County Center
4-H Youth Development
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4-H Newsletter

April 2020

Transylvania County, NC

Mary Arnaudin

Adverse Weather Policy:

4-H meetings follow the Transylvania County Schools closings.

If the schools are closed, the 4-H program is postponed or cancelled.

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North Carolina State University, North Carolina A&T State University, U.S. Department of Agriculture, and local governments cooperating.

For accommodations for persons with disabilities, contact Mary Arnaudin at 828.884.3109 no later than five business days before the event.

BC (Before Coronavirus)



AmeriCorps member Samantha Trueman and Mary Arnaudin developed a cooking series called “Power Up Cooking”. Before all face-to-face 4-H programs/clubs were cancelled due to the covid19 situation, the participants met to learn how to prepare eggs in several ways: boiled, scrambled, deviled, egg salad. The big challenge was to boil eggs so that they peel easily!

Our next session on baking muffins will be presented virtually from Samantha’s kitchen. We hope to share this opportunity later this spring with the rest of our 4-H members registered in 4honline.

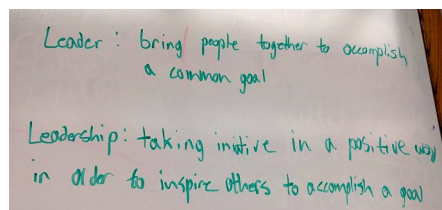


The 4-H Teen Council was planning an engaging 4-H Leadership Workshop set for April 1st.

At their March meeting, they practiced parliamentary procedure by doing a fun activity called “Motion Potion” that requires making motions, seconding, discussing, and voting in order for a group to decide what ingredients to include for a trail

mix snack. In the process they learned that the president can’t vote – except in a tie – and that it’s the secretary’s job to record the process. They also learned to properly state, “I move”.....*instead of* “I make a motion” or “I motion”. Their use of parliamentary procedure resulted in a unique tasty trail mix!

This activity, plus interactive games, food, digging deeper into officer roles and learning to appreciate different leadership styles were to be included in the workshop. Hopefully it will be rescheduled and you will attend. In the meantime, ponder on the definition of Leader and Leadership that the Teen Council developed – and how it might apply in your own club!



BC (Before Coronavirus) continued

State 4-H Horse Program Contest Winner:

Emmary McCall

Emmary McCall of the Transylvania County Jr. 4-H Horse Club earned first place with a perfect score in the 2020 Junior 4-H Hippology State Contest held March 7 at NC State University. The hippology contest is a written test that requires contestants to apply their knowledge about horses including anatomy, diseases, horsemanship, tack, judging, and showing.

Congratulations Emmary!



AC (After Coronavirus) -- What's Next!??

How do we keep 4-H Growing Here as we “stay at home”?

4-H Presentations – VIRTUALLY?? Go ahead and start on your presentation! We will still have district day even if we can't head to Bakersville on June 27. Email Mary_Arnaudin@ncsu.edu with your topic – something *you* love to do and learn about – along with any questions about presentations by April 15th? We will follow up with help sessions!

Horse Art & Writing Contests – Deadline to register online is May 1 at <https://equinehusbandry.ces.ncsu.edu/equinehusbandry-nc-4-h-horse-program-educational-events/artistic-expression-events/> includes drawing, painting, photography, crafts, sewing, poster, stories, essays, poetry! Each has its own entry form and rules.

Daily 4-H SPARK activities online at 10:30am each day Monday-Friday – search for @NorthCarolina4-H on facebook.

You're Never Home Alone! Check out this project from NC State scientist Dr. Rob Dunn – that aims to document the species that *live indoors with you*, including but not exclusive to arthropods. In studying the arthropods (insects and their kin), over 10,000 species have been observed in homes so far. Go to this website to learn how you can join in the hunt for “wild life of homes”:

<https://www.inaturalist.org/projects/never-home-alone-the-wild-life-of-homes>

National 4-H Activity Guide: <https://4-h.org/about/inspire-kids-to-do/activity-guide/>

Your IDEAS?? Let us know topics and new ways to help you stay in touch with your club and keep learning and doing with 4-H – email Mary_Arnaudin@ncsu.edu

