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4-H Youth Development  
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## 4-H Newsletter April 2019 Transylvania County, NC

*Mary Arnaudin*

**Adverse Weather Policy:**  
4-H meetings follow the Transylvania County Schools closings. If the schools are closed, the 4-H program is postponed or cancelled.

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For accommodations for persons with disabilities, contact Mary Arnaudin at 828.884.3109 no later than five business days before the event.

# FUN 4-H FAMILY NIGHT!

**WHEN**  
Tuesday, April 23  
5:30-7:30pm

**WHERE**  
Rogow Room,  
Transylvania County Library



**ACTIVITIES FOR ALL AGES**

**4-H GROUP PRESENTATIONS AND DEMONSTRATIONS**  
5:30PM

**PIZZA DINNER \***  
6:15PM

**AWARDS AND RECOGNITION**  
6:45PM

\*Please RSVP by April 22nd for the pizza count!

**[RSVP for Family Night by April 22<sup>nd</sup> - Click Here](#)**

### Tractor Supply Clover Days Going on Now!

Each spring and fall, Tractor Supply helps raise money for 4-H programs through the sale of Paper Clovers in their stores. In the most recent campaign, we raised more than \$1 million nationwide. Ninety percent of the funds raised go back to state and local 4-H programs to support scholarships for camp and leadership activities.

Dates for the 2019 Spring Campaign are March 27<sup>th</sup> - April 7<sup>th</sup>.

**Presentation Sign-ups** – email your topic to Mary Arnaudin by April 8<sup>th</sup>. Help session with 4-H Teen Council: Wednesday afternoon: May 8. Please contact Mary Arnaudin if you'd like to sign up or schedule a session before then.

### Wool Sheep Showing: Sign-up Meeting May 30

An information and registration meeting will be held Thursday, May 30 at the Extension Center in the conference room at 5:30pm. New and returning youths ages 5 and up are welcome. Parents must attend with their child. Come learn about this amazing opportunity to learn about sheep showing, care, and health with the sheep at Cherryfield Farm in Rosman. Limited spaces are available - number to be determined by the size of the flock produced this spring. Email [Mary\\_Arnaudin@ncsu.edu](mailto:Mary_Arnaudin@ncsu.edu) to hold a spot - first come/first served. Each youth must attend at least 7 practices to show.

The program starts in June and ends with the wool sheep show at the WNC Ag Center during the Mountain State Fair in September.



# Club News



**Jr. Horse Club** - for ages 9 to 13; Leaders – Cressa Megown & Susan Huter  
Last times: We met at the Cooperative Extension office to prepare our 4-H Family Night presentation. We planned our activity, created our display, and shared ideas for our centerpiece.

On April 1 we met at the Gant's farm – Holly View - for some outdoor time with horses. We finalized all of our Family Night items in preparation for the big night later in April.

Next times: We will meet at Tractor Supply on Saturday, April 6<sup>th</sup> at 10:30 – 11:30 am to promote 4-H Clover Days. We will be at 4-H Family Night on April 23 with our display/activity.



## “March Mondays” Cooking series – for middle schoolers

Our “March Mondays” series was a lot of fun and concluded with a Mexican feast. We really enjoyed cooking together and learning from guest chefs **Shannon Lally** and **David Mackey** who taught us how to make breads and a cake!



**Farm Fun** – for ages 8 to 12; Leaders – Liz Menis & Sara Freeman

Last time: We started our spring garden and enjoyed the new exhibit at the Heritage Museum.

Next times: We will meet at the Museum on April 11th and April 25th from 4:00-5:00. We will continue working in our garden and exploring traditional crafts.



**RES Aggies** - Full at this time. Leaders – Heather McNeely & Stephanie Bell

Last time: **Lilly Johnson** led a program on horses! We learned different colors, markings, events, and gaits. We finished up by going outside to canter over a jump! Several of us plan to give 4-H presentations this year.

Next time: April's meeting will be on the 25th due to spring break.



**Backwoods Broadheads** 4-H Club Leaders – Jessi Own & Tiffany Baker

Meet Thursday, April 25th @ 6:30 - for a parent meeting at the Lake Toxaway Community center small building.

Friday May 10th - archery practice location & time: tba



**International Cooking** – for up to eight high school students

Last time: **Caroline Williams**, 4-H cooking club alum and currently the pastry chef at the Admiral restaurant in Asheville, taught us how to make Italian pasta and sauce from scratch! We learned lots of secrets, including using a pvc pipe for a rolling pin.

Next time: Stay tuned for an announcement for our final cooking session on Turkish food led by Harper Wade.

**SciGirls** – limited to 12 participants ages 9 to 12. Cost: \$10/girl

Last time: We did some “Kitchen Science” – investigating yeast with a microscope and how it interacts with water, flour, sugar, oil, and salt to make pizza dough rise. We each made pizzas and they were delicious! Thanks to **Midge Hoover** for helping with this fun investigation.

Next time: Tuesday, April 30. We will meet at PARI from 6:00 – 8:00pm for a planetarium program, a brief tour, and a guided look at the night sky. To register, contact Mary at [Mary\\_Arnaudin@ncsu.edu](mailto:Mary_Arnaudin@ncsu.edu). Cost is \$10/girl. The program is limited to 12 participants – so reserve your spot early.





**4-H Teen Council** - meets 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays at 5:15pm

Last time: We helped Cjon Conley prepare for his campaign for West District 4-H President and finalized our club plans through September.

Next times: Meet Wednesday April 10 for a public speaking workshop led by McKayla Robinette from 5:15 – 6:30pm at the Extension office. On April 24 we will develop our resumes and plan our Presentation Workshop that we'll lead on May 8.

**Little River Club** – Meets at Community Center - contact: Martha Blythe

Last times: We completed a series of learning about safety and first aid.

Next times: We will be learning some outdoor survival skills in April and May with one of our parents who works for the forest service. We will have one meeting on April 2<sup>nd</sup> and we are working on our presentation for the April 23<sup>rd</sup> Family Night. We had three 4-Hers get calves from the NCAg Center in Canton. They are doing well. They will be showing them in August and in September. We are also having several families raising chickens. There are several who want to do the broiler program in August. Two of our members, Kaya and Keely Brown, attended 4-H Teen Retreat in March.  
forward to spring.



## Important Dates for 4-H 2019

**4-H Family Night:** Tuesday, April 23<sup>rd</sup> in Rogow Room, Transylvania County Library

**AIRE application:** (Application, Interview, Resume, and Essay contest) for ages 11-18; written parts due by May 15<sup>th</sup>

**County Presentation Day:** May 17<sup>th</sup> at Community Services Building Presentation age groups: 5-7; 8-10; 11-13; 14-18

**West District Activity Day:** Saturday, June 15<sup>th</sup> in McDowell County

**County Group at 4-H Camp:** Betsy-Jeff Penn – June 30<sup>th</sup> – July 5<sup>th</sup> (\$50 due to hold spot)  
**4-H Congress** in Raleigh: July 19<sup>th</sup> - 23<sup>rd</sup>

**State Presentation Contest** July 20<sup>th</sup>

**4honline:** All should be enrolled online! See your leader for details.



Farm Fun/History Mystery Club working in the garden



Transylvania County Delegates at the 2019 Teen Retreat Opening Assembly



Rosman Aggies practice "cantering" over a horse jump



SciGirls Kitchen Science Project



March Monday Cooking Club – making chocolate cake with Mr. Mackey



International Cooking Club rolling pasta dough



Little River club assembling first aid kits for their families