



4-H Newsletter



Transylvania County

March 2015

In this Issue

- 4-H Family Night
- Project Books
- 4-H Camp
- 4-H Presentations Contests & Talent Show
- Volunteer Opportunities
- Presentations
- Soil School
- 4-H Camp
- Calendar
- Horse Club
- What's Going On

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Adverse Weather Policy:

4-H meetings follow Transylvania County Schools closings. If the schools are closed, the 4-H program is postponed or cancelled

4-H Family Night: Tuesday March 31

I'm excited to share that after getting input from both the 4-H Advisory Council and 4-H Teen Council, we're going to do our annual 4-H Family and Awards Night a little differently this year. I think you'll like it!

The event is scheduled for Tuesday, March 31st at the Transylvania County Library from 5:00-6:30 pm. Since many families are interested in 4-H, but don't know what it's really about, we're going to have a 4-H OPEN HOUSE!



We will have food...probably heavy hors d'oeuvres....and each club will host a hands-on interactive activity at their station -- leading something they have done in their club to learn something for example, a game, challenge, science investigation, skill, craft, an identification quiz,related to their club's focus.

We will also have a table with 4-H enrollment forms if folks want to sign up or volunteer ... as well as a table with info about our 4-H camps.

At 6:00 we'll start the Awards/recognition part of the evening. This will start with a slide show created by the 4-H Teen Council.

There will be no charge for this event. Be sure to invite your friends and help them start their own 4-H adventure!

Special Recognition for a Job Well Done!

Kudos to these 4-H'ers for completing project records: **Bobby Brown** (Environmental Science), **Toby Brown** (Plant Science) and **Pierce Roberts** (Personal Development & Leadership) to summarize their past year in 4-H! In addition to their respective project work, they documented growth in community service, leadership, and citizenship. These projects will be judged for awards from the state 4-H program. Doing 4-H project records is a great way to learn how to track what you've learned and accomplished, which will very helpful when you apply to college, for scholarships, and for jobs. Gold winners in each category and age group earn \$50.



Now is the time to set your goals for 2015 and start your own project record. Use the checklist on the back of the March 4-H calendar to get started. Check with your club leader or 4-H Agent for help.

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4-H Horse News



4-H Horse Club: Creekside Riders

(for ages 9-18. don't have to own a horse to join)

Last time: **Larry Miller**

from EMS did a great program about first aid knowledge we might need for trail riding.....and then we got to get inside an ambulance and learn about all the equipment. We also elected new officers: President - **Hannah Lemel**; VP - **Krista Tucker**; Secretary - **Judy Justus**; Treasurer - **Autumn Wanicka**; Reporter/Photographer - **Faith Wanicka** and **Abbie Gant**.



Next times: We'll put our first aid knowledge to use at first aid skill-athon at Keystone Camp on Saturday, Feb. 28 from 10:00 - 1:00. We'll also get hands-on experience with horses, learning some equine first aid practices. Officers only will meet afterwards

with officer coach **Jessica Page** from 1:00 - 2:00, with lunch provided. On Thursday, March 12 we'll meet at the Extension Center from 6:30-7:30. **Hannah Lemel** and **Katie Franks** will lead the program: Intro to Horse Judging. On Saturday March 14, we'll attend the Horse Judging Clinic/Contest at the Ag Center. We will all help lead an activity at the 4-H Open House on Tuesday, March 31.



The Center, a Quarter Horse stallion

District Horse Judging Clinic/Competition

March 14 at the WNC Ag Center

This event is open to all youths ages 5 and up. Workshops begin at 8:30 am. Registration opens at 8:00 am. Judging includes 3 conformation classes and 3 performance classes. Cost is \$10/youth, including a boxed lunch.

Registration deadline is Feb. 25.

To download a copy of the schedule and registration form, go to our county extension website: transylvania.ces.ncsu.edu/

Thanks to **Tracie Gant** for organizing this event.

4-H Horse Art and Writing

Contests:

Entry deadline is May 1, 2015

For more info, google NC 4-H Horse Program Educational Events and scroll down to the Artistic Expression Contests to see which ones you want to enter and the guidelines for each. A NC 4-H horse program enrollment form is required to enter the contest - but you can put one entry in any or all categories. Go to <http://equinehusbandry.ces.ncsu.edu/>

to complete the 2015 NC 4-H Horse Program Enrollment Form and send your \$25 check to the state office. Scholarships are available for this fee, so please contact the Extension office and we'll help with that. Writing entries are mailed in by May 1. Art entries are taken to Raleigh and displayed/judged at the state 4-H horse show in July. **All entry forms for writing AND art entries are due May 1.**

What's Going On

Teens Lead Science at BMS -

Thanks to **Abby Williams** and her team of fellow TIME for Real Science students for leading a series of fun and engaging STEM workshops after school at Brevard Middle School last month! The program included hands-on activities from the TIME students' projects, the marshmallow construction challenge, and the national 4-H Science Experiment: Rockets Away! All the participants gave the pro-

gram a thumbs up — and said they are hoping for more STEM programs. Many thanks to Mrs. **Lisa Smith** for her support of the series!



The Marshmallow Challenge



Preparing for the launch



Abby introduces activities

What's Going On

Locavore Cooking Club

(for middle school students)

Last time: The Locavores made fabulous biscuits and made-to-order omelets.

Next time: We'll meet Wednesday, March 4 (3:30-5:30) at the Extension Center to make lettuce wraps with Asian meatballs and, to satisfy our sweet tooth, brownies! We will also finalize our plans for our club demonstration for 4-H Family Night Open House.



Making the biscuits

Farm Fun / "History Detectives"

Club

(for ages 8-12 and younger siblings)

Last time: Our regular meeting was postponed til Friday, Feb. 27th due to the snow. We will meet at the museum from 4:00 - 5:00pm to plan our spring garden and solve a "history mystery".

Next time: Meet at the museum garden on Friday, March 20 from 4:00-5:00pm to plant our spring garden!



(for girls ages 9-14)

Next times: Meet Friday, March 13 from 4:00-5:00 pm at the Extension Center to plan our activity for Family Night.

Meet Monday, March 16 from 6:00-8:00 pm at the Extension Center. We'll explore Bees and other Pollinators, dissect flowers, and use microscopes to observe their anatomy. Register at pari.edu. Cost is \$10/participant.

Backyard Barnyard Club

(ages 5-18) parents are encouraged to attend

Last time: We canceled February's meeting due to snow.

Next time: We'll have the program with baby goats on Tuesday, March 17 from 6:30-7:30pm at First United Methodist Church and also decide on the activity we'll lead at 4-H Family Night.



Sapphire Warriors

(for ages 5-18; meet the 1st and 3rd Mondays at the Sapphire/Whitewater Community Center 5-6:30)

Last time: We began our map/compass programs with the Gorges State Park ranger.

Next times: We'll meet Monday, March 2 for our map/compass program and March 16 to plan our garden and activity for the 4-H Open House in Brevard on March 31!



Trail Trekkers

(parents and youths ages 5 - 18)

Leaders: **Jack and Kathleen Thill**

Last time: We met at Dupont State Forest for a Valentines Day hike to Hooker Falls.

Next time: We will meet in Dupont to hike to Wintergreen Falls on Saturday, March 21st at 2:00 pm. Park at the Guion Farm Access Area on Sky Valley Rd.



4-H Teen Council-

focus on service and leadership (for fun times, leadership, and service in our community! You do not have to be in a 4-H Club to join.)

Last times: **Calee & Casey Lance, Carver Nichols, Cady Suddeth, Madiera Duckett, Pierce Roberts and Judy Justus** led an engineering activity - the nanobot challenge - with 16 students at Rise and Shine. In February we met at the bowling alley for a friendly game and to elect officers. Our officers are President - **Pierce Roberts**; Secretary/Treasurer - **Judy Justus**; Reporter/Recreation Leader - **Brianna Gragg**. Congratulations! The office of vice president is still open.

Next time: Meet Tuesday, March 10 from 4:00 - 5:30pm at the Extension Center to create a slide show for the 4-H Open House and plan our activity for that event. On March 28-29 several of us will attend the West District 4-H Teen Retreat! Deadline to register is March 2.



Pierce Roberts coaches a team for the "nanobot challenge" at Rise and Shine

4-H West District Teen Retreat:

March 28-29 in Black Mountain Deadline: March 2

All teens, ages 13-18 are welcome to register. Email Mary_Arnaudin@ncsu.edu if you want details. Cost is \$75, but we are giving \$40 scholarships, so total expense will be \$35.

This is an amazing experience with teens from across western NC - lots of fun and hands-on learning.

JOIN | THE REVOLUTION OF RESPONSIBILITY



VOLUNTEER Opportunities for Teens and Adults: connect to your community and help make it a better place!

Our county program needs help with several programs — check out these opportunities and contact Mary Arnaudin if you're interested!

- Help a 4-H'er develop a presentation to share at a competition.
- Serve as a presentation judge on county day, April 17th.
- Help Lead a workshop — we need leaders for the Electric Project for middle schoolers, "I Wonder" science project sessions for elementary students, and Cooking for teens.

JOIN US AT 4-H CAMP!

We're camping at Betsy-Jeff Penn 4-H Camp Sunday June 28 - Friday July 3! Join the following 4-H'ers for a fantastic week of adventures: **Patrick Hannon, Aiden Dobbins, Mikayla Dobbins, Meghan Hannon, Christina McDonald,**

Abby Huter, Kayden Chapman, Bobby Brown, Toby Huter, Jacob Myers - LIT. Email Mary_Arnaudin@ncsu.edu or call 884-3109 if interested. Total cost is \$420, with some scholarships available. Check bjpenn4h.org to learn about the activities.



4-H Presentation Contests, Talent Show, and Outdoor Cooking

A surprising fact: young people *enjoy* doing 4-H presentations! It's a great way to share what you know, meet other 4-H'ers, improve your public speaking skills, and earn scholarships to 4-H camp and 4-H Congress. There is a category for most any topic you can imagine.

Check nc4h.org/youth/4-h-awards-incentives-programs and scroll

down to Presentation Program for the categories and guidelines. Let Mary Arnaudin know by Tuesday, March 17 what presentation or outdoor cooking category you plan to enter. You may also enter the Talent category: 4-H En-



tertain. We will offer presentation help sessions in March/April. **County presentation day will be Friday, April 17th** at the Extension Center from 3:00 - 6:00pm. Those going on to the district contest will present on Saturday, May 16 in Henderson County at the West District 4-H Activity Day. Winners at district will qualify for the state contest held July 18 in Raleigh.

BES "Soil School"

4-H and the Extension Master Gardener volunteer program partner to lead Soil School for all the 3rd graders at Brevard Elementary School once/month. These hands-on lessons include planting/harvesting in the vegetable gardens at Silvermont and fun science experiments. In January, all the classes came together to put on a pollinator play. We're looking forward to experimenting with chard seeds and creating a basil seed necklace in March!



Master Gardener Taylor Ladd as Molly Moth at BES Soil School

4-H Calendar

March

- 2-Sapphire Warriors
- 4-Locavore Cooking Club
- 10-Teen Council
- 12- Horse Club
- 13-SciGirls
- 14-District Horse Judging Clinic
- 16-Sapphire Warriors
- 16-SciGirls
- 17-Backyard Barnyard
- 20-Farm Fun/History Detectives
- 21-Trail Trekkers
- 28&29—Teen Retreat
- 31-4-H Family Night at the Library

April

- 17-County Activity Day

May

- 1-Horse Art and Writing Contest Deadline
- 3-West District 4-H Horse Show
- 16-District Activity Day

June

- 28-July3— 4-H Camp at Betsy Jeff Penn
- 29-July1-West district 4-H 3-Day Horse Clinic

July

- 17-21-State 4-H Congress

4-H PLEDGE

I pledge my **HEAD** to clearer thinking,
my **HEART** to greater loyalty,
my **HANDS** to larger service,
and my **HEALTH** to better living,
for my club, my community,
my country, and my world.



My 4-H Goals for 2015

Date(s) Accomplished

Attend my Club Meetings List dates: _____

Serve as an officer in my club

Office held: _____ til _____

Attend 4-H Family Night _____

Do at least 1 community service project

With my Club:

1. _____

2. _____

Complete a 4-H project by Dec. 31st. _____

(with photos of my progress)

Topic: _____

Goals:

1.

2.

3.

Give a "show and tell" or presentation

.....to my club _____

.....at county activity day _____

.....at District Activity Day _____

.....at 4-H Congress _____

.....to a group in our community _____

Attend Leadership Training _____

Bring a new member to 4-H _____

Attend a local 4-H workshop _____

Attend a District or State Event or Contest

(Teen Retreat, Congress, Camp, Show, etc.) _____