



4-H Newsletter



Transylvania County

February 2015

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4-H CAMP at Betsy-Jeff Penn

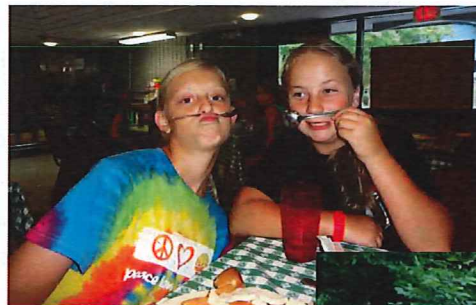
4-H Camp is AWESOME!

Please contact Mary Arnaudin if you are at all interested in going to 4-H camp! You can go with our county group to Betsy-Jeff Penn in Reidsville, NC from Sunday, June 28 to Friday, July 3 or sign up for another week or another camp. Those who register through their 4-H agent receive a discount! Anyone who does a 4-H project book or presentation can earn a partial camp scholarship. 4-H camp is a deal at \$420 per week! Check out Betsy-Jeff Penn 4-H Camp at bjpenn4h.org

Contact Mary if you have any questions.

Eastern 4-H Center Information: eastern4hcenter.org/

Millstone 4-H Camp Information: millstone4hcamp.com/



Adverse Weather Policy:

4-H meetings follow Transylvania County Schools closings. If the schools are closed, the 4-H program is postponed or cancelled

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T.I.M.E. for Real Science Applications

For Rising 9th, 10th, 11th and 12th graders! Due February 6th.

For details, go to <http://time4realscience.org/>



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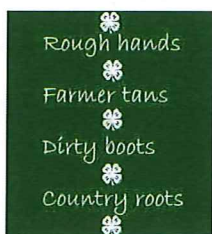
4-H Horse News



4-H Horse Club: Creekside Riders

(for ages 9-18. don't have to own a horse to join)

Meet Thursday February 12 at 6:30 pm at the Extension Center.



Parents: What's 4-H all about anyway? Mary Arnaudin will meet with parents to share the purpose of 4-H, 2015 opportunities, and the club's goals and leadership for 2015. This is a good time to give input and ask questions.

4-H'ers: A representative from EMS will come teach us basic first aid for accidents that may occur while on the trail riding or hiking. We will also elect new club officers. Please review the role of each officer (on back of this newsletter calendar) and come prepared to share how you would be best for that officer position.

Save the Date

Saturday February 28th will be our "hands-on" meeting for the month.

Save the date—details will be shared at the Feb. 12th meeting.

District Horse Judging Clinic/ Competition

March 14 at the WNC Ag Center

This event is open to all youths ages 5 and up. Workshops begin at 8:30 am. Registration opens at 8:00 am. Judging includes 3 conformation classes and 3 performance classes. Cost is \$10/youth, including a boxed lunch.

Registration deadline is Feb. 25.

To download a copy of the schedule and registration form, go to our county extension website: transylvania.ces.ncsu.edu/

Thanks to **Tracie Gant** for organizing this event.



The Contest, a Quarter Horse stallion

4-H Horse Art and Writing

Contests:

Entry deadline is May 1, 2015

For more info, google NC 4-H Horse Program Educational Events and scroll down to the Artistic Expression Contests to see which ones you want to enter and the guidelines for each.

A NC 4-H horse program enrollment form is required to enter the contest - but you can put one entry in any or all categories. Go to <http://equinehusbandry.ces.ncsu.edu/> to complete the 2015 NC 4-H Horse Program Enrollment Form and send your \$25 check to the state office. Scholarships are available for this fee, so please contact the Extension office and we'll help with that.

Writing entries are mailed in by May 1. Art entries are taken to Raleigh and displayed/judged at the state 4-H horse show in July. **All entry forms for writing AND art entries are due May 1.**

What's Going On

4-H Advisory Council:

Thanks to **Terri Trimble, Kae Parker,** and **Keri Zink** for hosting the 4-H club leaders for an appreciation dinner and training on January 13!

Next meeting: We'll meet February 2 from 4:00 - 5:30 at the Extension Center to make decisions about family night, other county-wide efforts, and our goals for 2015.



2015 Beekeeping Essay Contest

State 4-H Bee Essay Contest: deadline - Feb. 15

This year's theme: "Planting for Bees from Backyards and Up"

Beekeeping has become difficult due to a lack of native plants for forage. In this essay, you will be required to discuss ways that habitats can be modified to become "bee friendly". Does your community allow

roadsides and open land to grow wildflowers and encourage native planting of bee friendly plants? Essays are due February 15th at 5pm and should be emailed to the state 4-H horticultural specialist at liz.driscoll@ncsu.edu Find the rules and more info at <http://www.growforit.org/programs/detail/beekeeping-essay>

What's Going On

Locavore Cooking Club

(for middle school students)

Last time: We made delicious crepes with various fillings. We tried making potato candy. Ours looked a little different but most of the Locavores said they still enjoyed it! Thanks to **Josh Fortuner** for sharing the recipe. Next time: We'll be back on our regular schedule and will meet the first Wednesday, February 4th from 3:30-5:30. We will be using local ingredients to make omelets and scratch-made biscuits. Some of our club time will be spent planning our March service project.



Farm Fun /

"History Detectives" Club

(for ages 8-12 and younger siblings)

Last time: We enjoyed playing history detectives - learning about the 1950's and 1960's by observing the decorated aluminum Christmas trees at the Heritage Museum.

Next time: Meet Friday, February 20th from 4:00 - 5:00 at the museum. We'll plan our early spring garden with Betty Sherrill and do another "history mystery" activity with **Rebecca Suddeth**. Come with ideas of what you want to plant - especially types of medicinal plants. We will plant the spring garden March 20th!



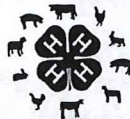
(for girls ages 9-14)

Last time: We learned about earthquakes and then designed and built models to withstand a simulated quake. We also got an update from our local Emergency Management Services on what to do when an earthquake occurs. Next time: Meet Tuesday, February 24 from 6:00-8:00 pm at the Extension Center. We'll explore Bees and other Pollinators, dissect flowers, and use microscopes to observe their anatomy. Register at pari.edu. Cost is \$10/participant.

Backyard Barnyard Club

(ages 5-18) parents are encouraged to attend

Next time: We will learn about baby goat care --- hands on! Meet at First United Methodist Church in Brevard at 6:30-7:30pm.



Sapphire Warriors

(for ages 5-18; meet the 1st and 3rd Mondays at the Sapphire/Whitewater Community Center 5-6:30)

Last time: We went to Gorges State Park to learn how to use maps. Next times: Meet Monday February 2 from 5:00 to 6:30pm. We will continue with the Gorges rangers - learning to use a compass. On Monday February 16 we'll use our map and compass skills in some games and team challenges.



Trail Trekkers

meet the 2nd weekend each month. parents and youths ages 5 - 18 are welcome.

Leaders: **Jack and Kathleen Thill**

Last time: We hiked to High Falls in Dupont State Forest .

Next time: Meet Saturday February 14 in the Hooker Falls parking lot in Dupont State Forest at 2:00pm. Look for the 4-H clover sign. We will hike to Hooker Falls for a Valentines Day hike. Please bring a treat to share with the group!



4-H Teen Council

(for fun times, leadership, and service in our community! You do not have to be in a 4-H Club to join.)

Last time: **Calee, Cady, Madison, Pierce, Carver, and Judy** met to prepare the engineering activity we'll lead at Rise and Shine on Friday January 30th. We had fun constructing the bristlebots and creating challenge courses for them to maneuver.

Next time: We'll go bowling on Tuesday, February 10th at Rockin' Bowl from 4:00- 5:30. Meet at the bowling alley. Everyone who helped lead the activity at Rise and Shine will get one game of bowling and shoes paid by the 4-H program.

Let Mary or Casey know if you need a ride. *We will elect officers at this event.* Be prepared to share why you would be good at a particular office.



JOIN | THE REVOLUTION OF RESPONSIBILITY

FOR TEENS:

4-H Teen Dance

The Rutherford County 4-H Teens invite all West District 4-H teens ages 13 to 18 to their 2015 Hollywood Dance on Saturday February 7 at the Rutherford County Extension Center in Spindale, NC. Time is from 5:00 - 8:00pm. Admission is \$5 OR a donated item of equal or greater value. All donations go to provide Military Family packs for military families in western NC. RSVP to [Cynthia Robbins@ncsu.edu](mailto:Cynthia_Robbins@ncsu.edu) or 828-287-6190 by February 2nd.

Quote: "Success is not final, failure is not fatal: it is the courage to continue that counts." Winston S. Churchill

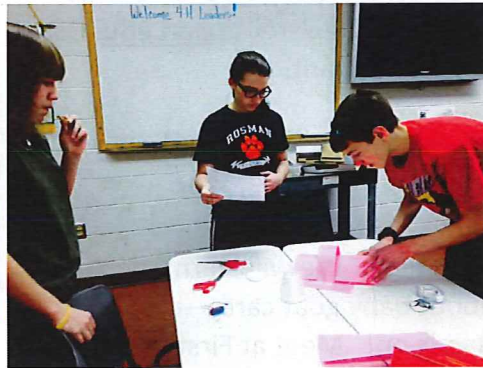
West District 4-H Teen Retreat:

Sat. March 28 - Sunday March 29
Meet teens from across western NC at the beautiful YMCA Blue Ridge Assembly retreat center in Black Mountain for a weekend packed full of fun purposeful activities including Service (Sole Hope - making shoes for Ugandan children), Workshops (robotics, global culture, wilderness leadership, presentations, tips for college scholarships, and more), Social Time (free choice of recreational activities and evening option for a dance and/or games/crafts). You'll also elect the next team of West District officers and be inspired by our capstone speaker **Jennifer Pharr Davis** - a young woman from western NC who

holds the record for hiking the Appalachian Trail faster than anyone (male or female). Total cost of \$75 includes food, lodging, linens, workshops, and t-shirt. Scholarships (\$40 each) are available to teens who pledge to do a 4-H presentation at our local county day, April 17. Registration forms and payments are due to the Extension office by March 2. To download a copy of the registration form, go to our county extension website: transylvania.ces.ncsu.edu/ We will attend as a county delegation - Don't miss the Great Opportunity! Contact Mary for more information



SciGirls build earthquake-resistant structures



Preparing Bristlebots for Rise & Shine



Swearing in the Sapphire Warriors Officers



Gorges State Park Ranger Torry Nergart and the Sapphire Warriors



Locavores Officers Installation



Farm Fun/History Detectives at the History Museum



Judy Justus & Madison Pulley making Bristlebots

4-H Calendar

February

- 2-Sapphire Warriors
- 2-Advisory Council
- 4-Locavore Cooking Club
- 7-Teen Dance
- 10-Teen Council
- 12- Horse Club
- 14-Trail Trekkers
- 15-Bee Essay Deadline
- 16-Sapphire Warriors
- 20-Farm Fun/History Detectives
- 24-SciGirls
- 25-District Horse Judging Clinic
entry deadline
- 28- Horse Club

March

- 14-District Horse Judging Clinic
- 28&29—Teen Retreat
- 31-4-H Family Night at the Library

April

- 17-County Activity Day

May

- 1-Horse Art and Writing Contest Deadline
- 3-West District 4-H Horse Show
- 16-District Activity Day

June

- 28-July3- 4-H Camp at Betsy Jeff Penn
- 29-July1-West district 4-H 3-Day Horse
Clinic

July

- 17-21-State 4-H Congress





4-H Club Officers Responsibilities

PRESIDENT

- Prepares club meeting agenda with other officers & advisors.
- Presides at all club meetings.
- Uses parliamentary procedure to conduct business meetings.
- Understands responsibilities of other club officers.
- Shows a real interest in the club and helps carry out club' decisions.
- Plans ways to get every member to participate in meetings and delegates responsibility.
- Appoints committees as needed.
- Calls the Vice-President to reside at the meeting if unable to attend.

VICE PRESIDENT

- Presides at meetings if the President is absent.
- Introduces educational program at club meetings.
- Thanks the educational guest speakers, presenters, member demonstrators, etc.
- Assists committees as needed.
- Attends to the membership - recruits members and helps orient them to the club

SECRETARY

- Keeps an accurate written record of the business meetings, recording major decisions.
- Reads club's minutes at each meeting.
- Records club's attendance at each meeting.
- Writes thank you notes.

TREASURER

- Keeps an accurate account of all 4-H club's money received and spent by the club.
- Gives a financial report at each 4-H club meeting.
- Prepares a 4-H club budget with assistance from committees for approval at club meetings.
- Helps club evaluate the outcome of club fund raisers.

NEWS REPORTER/PHOTOGRAPHER

- Writes articles about club meetings and activities and submits them to the 4-H Agent to send to the local newspaper.
- Takes photographs at all 4-H club meetings and activities.
- Collects pictures, articles, etc. from other officers and club members to include in the 4-H club's scrapbook.