



4-H Newsletter



Transylvania County

December 2014

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Adverse Weather Policy:

4-H meetings follow Transylvania County Schools closings. If the schools are closed, the 4-H program is postponed or cancelled

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It's Time to Reflect on 2014!

Another 4-H year is coming to a close.....

What did you do in your club this year? Did you go to camp? to district day? show an animal at the fair or in a show? What have you learned? What goals did you reach? Whom have you helped? Who has helped you?

Taking time to capture your 4-H activities for 2014 in a 4-H project record book is a great way to practice developing a portfolio for college scholarship applications and resumes. It's also an opportunity to enter the 4-H Project Record Book contest. First place winners receive \$50 and every 4-H'er in our county who submits a quality book is eligible for a scholarship to 4-H camp, Teen Retreat, or 4-H Congress.

Forms are on the nc4h.org website. To choose the correct form, use your age as of January 1 of 2014. Completed books are due by noon January 30, 2015 to the Extension Center. All activities in the book must be done in 2014. Call or email Mary Arnaudin or your club leader if you have questions or would like to see examples of record books.



Caleb Arnold with his Junior Grand Champion



Maggie Arnold with her showmanship goat



Presenter at Who's Water is it Anyway? Conference: Bobby Brown shares his 4-H project/Science Fair work

West District 4-H Officer Team - Planning the March 28-29 Teen Leadership Retreat



Horse Club members in a Team Building Game



Lily Harris with her State Fair Award-Winning Brown Swiss

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Empowering People • Providing Solutions



4-H Horse News

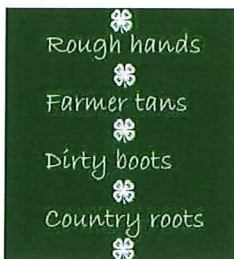


French Broad Riders and Sassy Spurs

(for ages 9-18. don't have to own a horse to join)

Last time: We gave short presentations about various rare horse breeds. President Hannah Lemel then helped us brainstorm ideas for programs, service projects, and trips we might do in 2015. Everyone at the meeting said they are interested in joining a horse bowl team in December.

Next time: Meet Thursday, December 11 at 6:30-7:30 pm at the Extension Center to work on our service project that we'll complete later in December.



4-H Horse Bowl Team Practice to Start - new members ages 9 to 18 welcome!

What is horse bowl anyway?

It's a game — like quiz bowl — where teams of 4 players compete with buzzers to be first to answer questions correctly — but all the questions are about HORSES! Practices involve learning about all aspects of the horse - from anatomy/physiology, diseases, nutrition, and breeds to tack, riding, and stable management - and getting quick with the buzzers. Anyone interested in joining a team should contact Crystal Holden or Mary Arnaudin. The West District 4-H Horse Bowl will be in February and the state contest on March 7th in Raleigh.

What's Going On

4-H CAMP at Betsy-Jeff Penn

It's time to hold your spot for 4-H Camp! Transylvania County will camp with the same group of counties again the week of Sunday, June 28 - Friday, July 3. Camp is open for ages 9 to 14.

Cost is \$420/camper, (\$440 for Trekkers) — with scholarships available for Transylvania County 4-H'ers completing quality 4-H project record books or doing a presentation, talent or outdoor cooking at District Activity Day. Check out the camp's website for more info: bjpenn4h.org/ A \$50 deposit is due to the 4-H office, payable to TC CES.



NEW Interview Workshop:

for Transylvania Schools' high school seniors **Wednesday, December 17** at **Brevard High School from 3:30 - 5:00 pm.**



Transylvania County 4-H is partnering with counselors at Brevard High and NCSU student **Jennifer Badger** to offer this interactive workshop. Although many seniors have competitive grades and accomplishments, few are prepared for the interview that is often included in the scholarship application process.

To register, email Hallie Thoele at hthoele@tcsnc.org

The workshop is limited to the first 25 seniors to register. A waiting list will be kept. There is no charge.

4-H Scholarships for College

Seniors can apply for many 4-H scholarships in January - let Mary Arnaudin know if you plan to apply and we'll get

you the information/forms you need. Scholarships are awarded on the basis of your 4-H involvement, SAT or ACT scores, and your academic record. Deadline is February 2nd.

Put it on your Calendar:

- 4-H Leader Appreciation Dinner and Update: Tuesday, January 13
- 4-H Project Record Books due: January 30
- 4-H Teen Leadership Retreat: March 28-29 in Black Mountain
- Transylvania 4-H Family Night: March 31 at the library.

If you want to enter the state 4-H presentation contest:

- Transylvania County presentation day: Friday, April 17th
- District Activity Day: Saturday, May 16 in Henderson County
- 4-H Congress and presentation finals: Saturday, July 18 in Raleigh

What's Going On

Locavore Cooking Club

(for middle school students)

Last time: We made German and Mexican dishes — and elected our club officers: Congratulations to:



President: **Hannah Lenze**; Vice President: **Alyssa Lefler**; Secretary: **Clare Kennerly**; Treasurer: **Josh Fortuner**; Reporter: **Sinai Lopez**.

Next time: Meet Wednesday, December 3 from 3:30-5:30 in the Extension kitchen to make tamales, discuss tamale history and bake cookies. After our meeting we will have a brief ceremony to install our new officers! Parents are invited to stay for the installation.

Farm Fun / "History Detectives" Club

(for ages 8-12 and younger siblings)



Last time: **Rebecca Suddeth**, took us on a fun tour of the house, telling us how the people lived there. We had fun trying to figure out how several old tools and implements were used.

Next time: Meet Friday, December 12 from 4:00-5:00 pm at the Heritage Museum. We'll step back in time to the 1950's-1960's through a display of aluminum Christmas trees....to discover clues about a time when Christmas trees were inspired by the space race and new technology. We'll also enjoy a snack inspired by that era!



(for girls ages 9-14)

Last time: We met at PARI where Drew showed us how to use powerful 3D software called Blender to design and construct models.

Next time: Meet at the Extension Center at the Community Services Building in Brevard on Tuesday, December 2 from 6:00 - 8:00 pm for a hands-on program: "Puppets to Robotics". Register online at pari.edu/programs/students/scigirls. Cost is \$10/student.

Backyard Barnyard Club

(ages 5-18) parents are encouraged to attend



Last time: We met at First United Methodist Church and learned about animal health.

Next time: We will meet Tuesday, January 20th at First United Methodist Church at 6:30-7:30 to elect club officers. Anyone planning to run for an office should prepare a short speech to explain why he/she would be good for that office. Those doing 4-H project record books will bring them to display/share.

Sapphire Warriors

(for ages 5-18; meet the 1st and 3rd Mondays at the Sapphire/Whitewater Community Center 5-6:30) submitted by **Judy Justus**, club reporter



Last times: In October we hiked at Gorges State Park and discussed fund-

raiser ideas for our new playground we plan to have built next spring. In November we did a coat and blanket drive for the homeless people who are living in tents in the Pisgah National Forest. We also met and did our Operation Christmas Child boxes, which turned out really good.

Next times at the Sapphire/Whitewater Community Center: On December 1 we will do our Angel Tree and on December 15 we'll have our Christmas party.



Trail Trekkers

(for the whole family: ages 5 - 18 & their parents)

Last time: We hiked in November and decided to open the club up to ages 5 -18.

Next time: Meet in the parking lot at Hooker Falls in Dupont State Forest on Saturday, December 20 at 2:00 pm for a hike. Look for the 4-H clover sign to find the group. **Jack and Kathleen Thill** are the club leaders.

4-H Teen Council

(for fun times, leadership, and service in our community! — You do not have to be in a 4-H Club to join.)

Last time: **Ren** led us in an ice breaker and we did a Google hangout with a group in Asheville who shared how they help convenience stores provide healthier food. **Judy Justus** committed to attend a training on how to get involved. We decided to start a Facebook page for staying in touch .. and sharing projects for our group to do in 2015.

Next time: Meet Monday, December 8th at 5:00pm at the Extension Center. Ideas for then: go to Rocky's for a

JOIN THE REVOLUTION OF RESPONSIBILITY 

Announcements from NC Cooperative Extension Administration: New Leadership

Please join our Extension team in congratulating and welcoming these leaders to their new roles!

West District Extension Director

Eric Caldwell, our County Extension Director for the past 20 years, was named West District Extension Director effective October 1, 2014. The West District covers 22 western counties and the Cherokee Reservation. He is also serving as the interim County Director for Transylvania County until a new director is hired. Eric has over 30 years experience as an agent and county director. Although his office is now in Mills River at the Mountain Horticultural Crops Research and Extension Center, he and Connie will still reside in Transylvania County.

Associate Extension Director and State Program Leader for 4-H and Family & Consumer Sciences (FCS)

After a national search led by the NC State Executive Search Services, **Dr. Mike Yoder** has accepted this new role which will start December 1, 2014. Mike came to NC State University in 1996 as a lecturer in Animal Science and in 1999 became the Coordinator for the NC 4-H Livestock Program. Several of you have worked with Dr. Yoder in the NCSU 4-H horse program. He has also served as the Coordinator of Extension's emergency education and response programs, working closely with 4-H and FCS specialists to ensure that citizens have factual information for dealing with natural disasters.



Presenters at Who's Water is it Anyway? Conference: Lauren Tooley and Hannah Field from TIME for Real Science program

County 4-H Leadership Training in Fall: 1,2,3,4-H!



Soil School with Brevard Elementary Students



Making the most of Family time during the holidays — a suggestion from the 4-H publication "It's all in the Family - activities to do together"

Here's a fun way to learn things about each other and strengthen family relationships.

Directions for How Well Do You Know Me?:

The person whose turn it is reads a list of questions to the other family members.

The other family members jot down their answers on a sheet of paper.

When everyone is finished, the person whose turn it is gives the correct answers to the questions.

Ground Rules: 1. Insulting or making fun of what someone says is not allowed. 2. No fair bragging if you get most of the answers right. 3. No fair feeling bad if you get most of the answers wrong.

Some possible questions :

1. Name one or two of my best friends.
2. Name one of my favorite music groups or recording artists.
3. Name a famous person I would love to meet.
4. Name something you do that really upsets me.
5. Where would I like to go on vacation?
6. If I won a \$100 gift certificate what would I probably spend it on?
7. What is something I would like to do more often with you?
8. Name something I am looking forward to.

Discuss: How well does your family know each other?

Did you enjoy this activity?

What was the most difficult question to answer? why?

Did any answers surprise you? Why?