



4-H Newsletter



Transylvania County

April 2014

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Adverse Weather Policy:

4-H meetings follow
 Transylvania County
 Schools closings.
 If the schools are closed,
 the 4-H
 program is postponed
 or cancelled

Distributed in furtherance of the acts
 of Congress of May 8 and June 30,
 1914. North Carolina State University
 and North Carolina A&T State Uni-
 versity commit themselves to positive
 action to secure equal opportunity
 regardless of race, color, creed, na-
 tional origin, religion, sex, age, veter-
 an status or disability. In addition, the
 two Universities welcome all persons
 without regard to sexual orientation.
 North Carolina State University,
 North Carolina A&T State University,
 U.S. Department of Agriculture, and
 local governments
 cooperating.

4-H Family Night!

Be sure to join your 4-H Family and Friends on Tuesday April 8th at 6:00pm at the Transylvania County Library!

Dinner (grilled chicken & rice, green beans, salad, roll, lemonade/tea, brownie and ice cream) will be at 6:00 pm at \$5/person - pay at the door. Children 3 and under eat free.

After dinner we will recognize all the clubs, volunteers, and our 4-H'ers for their accomplishments over the past year. Wear green and/or 4-H t-shirts to show your 4-H spirit! Clubs will share displays of their activities since last year's event. We'll also be celebrating 100 years of Cooperative Extension... 4-H's parent organization.

Reservations will be taken until April 7 at 10:00 am for this annual event up to a maximum of 140. To register, call 884-3109 anytime before Monday at 10 am and leave a message or email mary_arnaudin@ncsu.edu.



Family Night 2013

4-H District Activity Day

You are invited to the annual 4-H West District Activity Day at Haywood Community College in Waynesville to see 4-H presentations, outdoor cooking contests, and talent show on Saturday May 3 from 9:30 til 3:00. This is a great way to see what presentations are all about and see some great talent. If you plan to go, check in with Mary for details.

Those winning 1st place will qualify for the state level contests held Saturday June 21 at NC State University in Raleigh.

NC State University
 A&T State University
**COOPERATIVE
 EXTENSION**

Empowering People · Providing Solutions



4-H Horse News



French Broad Riders

(13-19 year olds)

Last time: We met with the juniors to learn about equine massage and then made our final plans for the Equine Extravaganza.

Next time:

Ms. Cathey will contact you with the plans for your next meeting.



Sassy Spurs

(9-12 year olds)

Last time: We learned about equine massage techniques. We are excited to have a great team of club leaders with specific roles: Communications: **Crystal Holden**; Community Service: **Carrie Johnson and Crystal Holden**; Paperwork & Refreshment signups: **Stephanie Wanicka**; Officer Coach: **Missy Tucker and Tracie Gant**; Educational Programs/trips: **Alison Batson, Tracie Gant, Carrie Johnson**.

Next times: On Thursday April 10th we'll meet at the Extension Center at 6:30-7:30. **Tracie Gant** will lead the horse head band game and teach us about trail maintenance at Dupont. **Crystal Holden** will plan a trail maintenance day at Dupont and let us know when/where to meet.

4-H Horse Judging Teams

Horse Judging will meet on Tuesday evenings with coach **Jessica Page** at the Extension Center. Juniors meet from 6:30-7:30 and Seniors from 7:30-8:30. The state 4-H horse judging contest will be in Raleigh on Saturday April 26th.

Horse Event Dates

- State 4-H Horse Judging Contest: April 26 in Raleigh
- 4-H State Horse Art & Writing Contests: May 1 deadline (must have a state 4-H horse card to enter). Email mary_arnaudin@ncsu.edu if you want to enter.
- West District 4-H Horse Show: May 4 (must have a state 4-H horse card and eligibility card to enter) Entry deadline: April 14th.
- West District 3 Day Youth 4-H Horse Clinic: June 30 - July 2
- 4-H Horsemanship Camp in Millstone June 15-21 (bring own horse)
- State 4-H Horse Show in Raleigh: July 9 - 13 (must qualify at district 4-H horse show)
- 4-H Southern Regional Horse Show: July 30 - Aug. 2 (must qualify at state 4-H horse show)

West District 4-H/FFA Horse Judging Clinic

A big 4-H Thank You to **Tracie Gant and Jessica Page** who organized a horse judging clinic for 4-H'ers and FFA members across western NC! The event was hosted at the Madison County Extension Center and Fairgrounds. Thanks to the **Farm Bureau** for their support of this event. It was a great success and we hope to repeat it next year.

Equine Extravaganza

Thanks to everyone who made this event so fun and educational! Special thanks to French Broad Rider members **Katie Franks and Hannah Lemel** who helped plan and lead along with their leaders **Sara Cathey and Jessica Page**. Thanks to each one who taught a session: **Alison Batson** - horse anatomy and roping; **Crystal Holden** - horse bowl; **Dr. Bochynek** - checking vital signs; **Jasmine & Angela Fowler** - vaulting; **Stephanie Wanicka & Tracie Gant** - tack identification; **Kara & Rose Franks** - horse rides.

We are deeply grateful to **Page Lemel** for allowing 4-H to use Keystone Camp and to **Jessica Page** for all her work and supervision with the horses and young people throughout the day.

What's Going On

Kids Go Outside Festival

April 26, 10:00-2:00 @ Broad Park. The 4-H Outdoor Adventure Club and 4-H EFNEP will have a booth. Come see us!

Tractor Supply 4-H Benefit

April 23 - May 3
Club leaders are encouraged to take a time slot at the store for the 4-H'ers to "sell" paper 4-H Clovers to benefit their club. Contact Keith Wood at 877-5200. You are also welcome to participate in the 4-H Bake Sale at Tractor Supply on Saturday May 3.

Asheville Tourists 4-H Night

Save the Date!

Monday, July 28th! 4-H'ers and their families will get a reduced ticket price (\$6 adults; \$5 youth) and kids get free pizza. There will be a special 4-H section and 4-H will be featured throughout the evening. More info will be available in upcoming newsletters.

Looking ahead to SUMMER!

(Check with Mary for details)

- 4-H Congress at NC State University June 20-24 (ages 9 - 18; only

teens stay full time)

- West District Fashion Show and Sewing Camp at Mills River July 24 (ages 9-18)
- 4-H Camp at Betsy-Jeff Penn Center July 6-11 (ages 9 - 14)
- NC State University Horticultural Science Summer Institute (for rising sophomores, juniors, and seniors) July 6-11
- Earth and Sky Science Camp at PARI: August 5 - 7 (middle school ages) A collaboration between 4-H and PARI.

What's Going On

Locavore Cooking Club

(for grades 6 - 8)

Last time: We met at the Silvermont picnic shelter to learn how to grill with Wild Indigo caterer **Ann Somich**. We grilled asparagus and made delicious "sliders" from ground beef donated by **Busy Bee Farm**. We also created our club display board for 4-H Family Night. We were delighted that **Hannah Lenze** was able to rejoin us while on spring break from her new school in Florida.

Next time: Our club t-shirts that we designed are ready — we can wear them at 4-H Family Night on April 8th! (Kate will bring them there). For our April club meeting, we will meet at the Extension Center on Wednesday, April 16 at 3:30 and walk to the Phoenix restaurant for a cooking demo with chef **Neal Mitchell**. We will also do a little work in the Extension garden and plan what we want to do as a club before our summer break.



Farm Fun Club

(for ages 8-11)

Last time: We planted our spring garden seeds and plants - carrots, lettuces, peas, herbs, radishes, Brussels sprouts and more! Thanks to **Susan Sunflower** and **Betty Sherrill** for their leadership and to **Mary Lee Fennessy** for managing the snake!

Next times: We decided to meet every three weeks to keep up with the garden. Next times at 3:30-4:30 on Fridays will be April 4, April 25, and May 16 (we'll plant our summer seeds then). Our Gwynn Valley Farm visits to feed the animals (chickens, goats, pigs, calves) will be Saturdays June 28 and July 19 from 9:00-11:00 am. We will go by to check the museum garden after those farm visits. Mark your calendars now!



Trail Trekkers

(for 6,7, & 8 year olds with their parents)

Amy Taylor will contact you about your club's April adventure!



(girls ages 9 - 13)

Last times: **Madiera Duckett** and **Alana Merrell** created our club's display board for 4-H Family Night. Thanks to **Jennifer Merrell** for her help!

Next time: We'll attend 4-H Family Night on April 8th. On Tuesday April 29th, we'll meet at the Extension Center from 6:00-8:00pm to investigate Pedal Power — with bikes! Please register on the PARI website: Pari.edu cost is \$10/girl.

Outdoor Adventure Club

12-15 years old

Last time: We played a game to learn to identify horse tack and decided on leadership roles: Role call - **Ingrid Findley**; Meeting Minutes - **Ava Findley** and **Ingrid Findley**; Clean up/Area Police - **Sophie McArtney**, Pledge Leader - **Toby Huter**

Group Game Leader to begin each adventure trip - rotation between members.

Next time: Meet Monday April 14 at the Extension Center from 5:30-7:00pm. On Saturday April 26, we will man a booth to promote outdoor adventures (and joining our club) at the Brevard Kids Go Festival from 11:00-12:00. We will do a river clean up in May.



4-H Teen Council

Next meeting: Meet at the Extension Center Learning Lab on Monday April 28th at 4:00pm to plan our Spring service project and then walk to Rocky's for ice cream!

Backyard Barnyard Club

Last time: We went to **Jennifer Bettencourt's** farm to see her beautiful Australorp chickens and to the Livestock Judging Clinic at the Ag Center.

Next time: Meet Tuesday, April 22 at First United Methodist Church's fellowship hall from 6:30-7:30pm. **Paula Ashworth** will give a program about lambs! We will have a sign up sheet for anyone wanting to show the Newell's lambs at the Mountain State Fair this fall. We will set up a practice schedule to work with the lambs once we know how many 4-H'ers want to show!



Sapphire Warriors

submitted by **Judy Justus**, reporter
(for ages 5-18; meet the 1st and 3rd Mondays at the Sapphire/Whitewater Community Center 5-6:30)

Last times: March 1st we had a bake sale at Tractor Supply in Brevard and raised \$320 for our 12 kids going to Betsy Jeff Penn 4-H educational center this summer. Then on March 3rd we did practice presentations together and scheduled a lock-in but we postponed it. March 17th we went to Gorges State Park for a fun, educational activity. And Friday the 28th-Sunday the 30th was Teen Retreat, where we did a lot of fun activities like Team Building and Presentations 101, WHEP, Robotics, and more. It was really fun and we met new people and made new friends. We met March 31 to start our container gardens and hear **Meghan Hannon** practice her presentation for 4-H county day. Our friends from **Lake Toxaway Charities** came by to learn more about our club.

Next times: On April 14 we'll plant seeds in our container gardens at the Community Center. On April 28 we will go back to Gorges State Park for a program with the rangers.



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Photos



Farm Fun Club at the Heritage Museum



Locavore Friends at Silvermont



Equine Extravaganza Day



West District Horse Judging Day in Madison County



Lindsey Burgess: High Point Individual Award for Mixed Division at State 4-H Horse Bowl Contest



Locavores grilling locally raised beef.

4-H is a community of young people across America who are learning leadership, citizenship and life skills.

Transylvania County 4-H
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