Its time for our
Annual 4-H Presentations and Talent Show
4-H’ers ages 9-18 overcome most people’s #1 Fear:
Public Speaking
(#2 Fear: Death)

County and District Days
Friday, June 4: Contestants meet at the Extension Center at 3:30 on
“County Day” to share their presentation and/or talent and receive
suggestions for “making the best better”. Those placing in the top two
for each age and topic category will go on to present at District Day on
June 24. Each county may send just two talent acts which must meet
4-H criteria.

Thursday, June 24: The 2010 West District 4-H Activity Day is at
Cullowhee Valley School near Western Carolina University. Everyone is invited to
attend. Competition begins at 10:30 am. Contestants should arrive by 9:30 am.
Subway lunches may be ordered by June 4th at $6.00 each (our Transylvania County
4-H program will pay for each presenter and their coach). 4-H’ers placing gold or
silver at District Day may compete at the competition held in Raleigh during 4-H Con-
gress on July 20th! Directions from I-40 coming from Asheville: Take a slight right at
Waynesville). Take Exit 85 for US-23 BUS towards NC 107/Cullowhee/Western Carolina
University. Take slight left at US-23 BUS S. Turn left at NC 107 S/E Main St. (continue to
follow NC 107 D). Turn right at Cullowhee Mountain Rd. Take the 1st right to stay on Cull-
lowhee Mountain Road. Turn left on Cherry Cove Road/Toothless Ave. Cullowhee Valley
School will be on the right.

4-H “Citizenship Focus” Delegates
Plan for Visit with our Legislators

Storey Stadler, 4-H Teen
Council member, and Lily
Chapman, Youth Speak
participant, will be repres-
enting Transylvania County
at the June 14-16 4-H Cit-
zienship Focus in Raleigh.
In preparation, they will be
gathering county statistics
and teens’ opinions about
the most serious issues fac-
ing young people today. In
Raleigh, they will learn how
state government works and
meet with legislators David
Guice and John Snow to
share their ideas. Ren
Uriarte, youth services di-
rector at the Center for Di-
alogue, will be their chaper-
one and coach. Upon their
return, they will work with
teens to address a local is-
sue. Stay tuned to learn
about their plans!
2010 West District 4-H Horse Show

Many thanks to all the Transylvania County 4-H volunteers – adults and youths - who helped organize and run this show! Special recognition goes to Jessica Rhymer Page who served as Show Chair, working with volunteers from across 18 western counties. Thanks to Kat Potter (announcer), Dennis Stewart (ring steward), Lana Rhymer (registration), Kara Franks and Autumn Lance (paddock managers), Crystal Makenna, and Madison Holden, Lilly Johnson, and Hannah Lemel (ribbon presenters), and Steve & Susan Wyatt (equipment crew). Cloverbuds Gabrielle Di Lemme, Lilly Johnson, Makenna Holden, Alana Merrell, and Evie Rackley led the 4-H Pledge to open the show under the guidance of their club leaders Carrie Johnson and Margie Rackley. Katie Franks, Hannah Lemel, Kaitlyn Owen, and Callie Wyatt all qualified to compete in the State 4-H Horse Show that will be in Raleigh July 7-11. Lemel won Champion in “Short Stirrup” Hunter Division and Reserve in “Little Britches” Western Division. Wyatt earned Champion of the Jr. Hunter Division and Owen won Champion of the Sr. Running Games Division.

Makenna Holden, Lilly Johnson, Evie Rackley, and Krista Tucker showed in the non-competitive Cloverbud Division (5-8 yr olds) which included a costume class. Best wishes to Hannah Lemel, Kaitlyn Owen and Callie Wyatt who are registered to compete in Raleigh at the 4-H State Horse Show in July!

4-H Horse Art Contest

The 2010 NC 4-H Horse Program Artistic Expression Contest entry postmark deadline has been extended to June 5, 2010. All late entries will be assessed a $3 late fee per entry. Please make sure to include this late fee when sending in entries. Your 4-H Agent must sign your entry form. Artwork entry forms must be postmarked by June 5, but the actual artwork is not due until July 7 at the State 4-H Horse Show. Additional information regarding the Horse Artistic Expression Contest can be found at: http://www.cals.ncsu.edu/an_sci/extension/horse/Webpages/NCSU_EHH_Artistic_Expression.html

Cloverbud Horse Club

Last time: We learned to tie a quick release safety knot and played horse bingo.
Next time: Thursday, June 3rd. Wear your 4-H T-Shirts and meet at the Brian Center on Country Club Road at 3:30pm. Gather at the horse trailer (with the mini horse and burro) to plan what horse knowledge we will share with the residents at 3:45. (review the parts of the horse and markings). If it is raining, we will have to reschedule.
In July, we plan to attend a day of the 4-H Southern Regional Horse Show in Clemson, SC at the T. Ed Garrison Arena! This show will run July 29-August 1. Each state may send up to 50 horses. Educational contests (horse bowl, judging, and presentations) will be included July 28 and 29. In August we will start the year with a hands-on horsemanship clinic to practice the proper way to handle horses on the ground.

3-Day Horse Clinic

June 14-16th for preregistered participants. Anyone who is registered for the clinic is invited to meet at the Extension Center at 6:00 pm on June 3 to create signs/posters for your stall doors. Bring poster paper and markers and get creative!

T.I.M.E for Real Science

T.I.M.E. for Real Science Symposium: 17 high school students presented the results of their year-long investigations of local environmental issues on May 25 in the Rogow Room at the county library: The Presence of Bd Fungus in Green Salamander Populations- Kaitlin McCreery, Ashley Morton, and Rodrigo Martinez (mentored by Laura Patch); The Effect of Light Variation on Ozone-Exposed Snap Beans – Brian Hollifield and Montana Newell (mentored by Maura Goodrich); Hellbender Bait Preference – Austin Owen (mentored by Patrick Davis); Can Hellbenders be Trapped Safely: A study in trap design – Brendan Elliott, Forrest Hoover, Alex Goden (mentored by Andy Bullwinkel); Domestic Plants and Invasive Competitors – Jane Margaret Bell, Lydia Folkman, Peyton Compton, Andy Thompson (mentored by John Hogan & Jennifer Bolt); Effect of Hemlock Woolly Adelgid on Sasi Beetle Egg Production – Yohana Dierolf, Rebekah Morgan, Erika Williams, and Austin Jenkins (mentored by Dr. Kent Wilcox).

Special recognition was given to the “Sasi Beetle Group” who entered their project in the county science fair and went on to win at the district and then at the state science fair where they earned a free trip to compete in the Intel International Science & Engineering Fair held in San Jose, California May 9-14.
Next year’s students were welcomed into the program at the Symposium: Madi Capps, Carli Compton, Sarah Johnson, Dixon Jones, Tyler McCall, Emma McLeod, Isaac Shular, Abigail Smith, Melody Suess, Rachel Tibbles, Spencer Tolppi, and Allie Williams. This group will begin their TIME experience at the summer field week June 22-25.

Winter Weather Policy: 4-H meetings follow Transylvania County Schools.
Vet Science Report
Thanks to Dr. Christine Weaver, Kristie Buell, Lindsey Lancaster, George and Michaela Lenze, and Dr. Bev Hargus for their leadership with the 4-H Vet Science Workshops held at Brevard Animal Hospital and Everett Farms! Workshop participants Katie Hovis, Michaela Shetters, Samantha Rutledge, and Tia Coppersmith learned what it takes to become a vet and get experience determining a dog’s heartbeat & respiration rate as well as giving cattle their vaccines and wormer. Michaela and Samantha completed a poster about career paths in veterinary science that will be entered in the district 4-H Career Poster Contest.
Special notice: We express our sadness at the news that Ginger, Dr. Weaver’s sweet faithful dog, passed away last week. Ginger patiently helped 4-H’ers take her heart rate, temperature, and respiration rate for many years, both here and in Indiana. We are grateful for all this special volunteer gave to 4-H! We will surely miss her.

4-H Teen Council
Last time: Michael Collins, director of Bread of Life, and Ren Uriarte, director of Youth Services at Center for Dialogue, shared about local needs and opportunities for us to help. Since that meeting, four of us have helped tutor children at the Center for Dialogue’s homework club. We are planning to help at Bread of Life once a month.
Next time: Meet Tuesday, June 1 at 7:00-8:00 pm at the Extension Center to plan a social and set a time for helping at Bread of Life. We will also share our ideas about issues facing youth in our county so Storey Stadler can include those in her report for 4-H Citizenship Focus. Finally, we will discuss plans for attending 4-H Congress in Raleigh July 19-22. Anyone ages 13-18 is invited to join the 4-H Teen Council!

August Programs: Sign up NOW!

Saturday August 7th Ag Center Farm Animal Clinic: Free clinic for young people to learn how to show all kinds of livestock (pigs, sheep, goats, chickens, dairy and beef calves) at the Mountain State Fair! The demonstrations will start at 10:00 am and run til 12:00 noon. A free lunch will be provided to each youth and his/her parents. More instruction will continue after lunch. Call the Extension Center at 884-3109 by July 1st if you are interested.

Friday August 13th West District 4-H Gem Mining: Join 4-H families from across Western NC to for “gemming” and exploring Franklin starting at 10:00 am. Register with Macon County 4-H (349-2046 or 349-2054) by July 30th.
You can either start at the museums or the mine...your choice! Let Macon County know which one you choose to do first. Normally, the later it gets in the day, the busier the mine will be. If you visit the mine first, not to worry, as the museums, shops, etc. are accustomed to seeing mining dirt on visitors.
Mason Mountain Mine: (524-4570) - The cost is $6.00 per person and includes 2 buckets of native dirt which includes some salted. You can bring a check (or cash) to cover your group when you arrive at the mine, payable to the mine. Be sure to bring protection from the elements...hat, sunscreen, bug repellent, water, etc. They also have a gift shop you will want to visit. There are two ways to get to the mine...
1) Coming from Sylva (US 441/23)? Look for Burglen’s Natural Gem Store and turn right onto Sanderstown Road, and head north on Hwy. 28 to the mine. 2) From Franklin going to the mine? Go north 5.5 miles on HWY 28 (just off E. Main St.) Downtown Franklin: Your group will want to visit the Gem & Mineral, Scottish Tartans, and Historical Museums in downtown Franklin, all within walking distance. The Tartan Museum charges $1 admission for ages 6-12 and $2 for those 12 & over. All other museums are FREE and they have some “Hands-On” opportunities! Don’t miss the Gem Shop - Ruby City on Main Street (25 Phillips St.), which houses world class artifacts. Ruby City is also free!
Lunch?: Take a walk along the Greenway and enjoy your picnic lunch at one of the shelters. There are also picnic tables behind the Gem & Mineral and the Historical Museums. The mine is another possibility for a picnic, as they have tables available.
Educational Program: The Gem & Mineral Museum will feature Fred Plesnerse, as he shares the history of gemming in Macon County and demonstrates the cutting of gemstones at 1:15 and again at 2:00 PM. He will have limited space, so get there early.
Ice Cream Anyone?: We have an ice cream shop in downtown Franklin called “Peppermint Pattie’s” (17 E. Palmer). Sprinkles is located out towards Wal-Mart, adjacent to Willy’s Ribs & BBQ. The Dairy Queen is south on HWY 441 (Georgia Road) just south of McDonald’s.

Tailgate Market
Support our Local Farmers! Eat Fresher Food!
Visit the Transylvania County Tailgate Market at their new location behind Comporium.
The market is open:
Tuesdays from 3-7 p.m.
Thursdays from 8 a.m.—1 p.m.
Saturdays from 8 a.m.—1 p.m.
Congratulations to our 4-H Project Book Winners
The state 4-H office recently announced the Gold, Silver, and Bronze level project book awards for each district. For the West District, Transylvania County 4-H’ers earned the following awards. Gold winners will receive $50 from the state 4-H program. If you haven’t started a project book for 2010 – it’s not too late. Ask Mary Arnaudin for details. Everyone who submitted a 2009 project book will be recognized at our 4-H awards night this fall.

Elli Adair  Bronze  Consumer & Family Science  Sewing  11-12 yr olds
Ashley Clark  Bronze  Consumer & Family Science  Sewing  13-15 yr olds
Arna McArney  Silver  Plant Science  Gardening  13-15 yr olds
Georgia McArney  Silver  Consumer & Family Science  Sewing  13-15 yr olds
Rachel Perry  Gold  Personal Development/Leadership  11-12 yr olds

Locavore Cooking Club
Last time: We prepared fish & chicken tacos, including learning how to grill with Steve Arnaudin. MANY THANKS to Tom Johnson, Hunter’s dad, for donating (and cleaning!) the delicious rainbow trout!!
Next times: Meet Tuesday, June 8 at the Extension Center from 3:30-5:30 to prepare in-season breakfast foods. We will also visit the tailgate market for a scavenger hunt. In July, we’ll meet Thursday, July 12th from 9:00-12:00 noon to prepare our lunch from local foods and do “part 2” of our scavenger hunt.

Stitchettes 4-H Club
Thanks to the guidance of Club Leader Nancy Davis, 100% of this club completed 4-H project books! The club will complete their quilt over the summer.

Summer Farm Fun & Local Cooking Adventures
Youth ages 8-10 years old and their parents will make three farm visits and cook local produce at the final session at the Extension Center. Farm visit dates: June 23 (Richland Creek Farm); July 24 and August 7 (Gwynn Valley Farm). Cooking date: August 17. Hours will be 9:00 – 11:00 am. Cost is $5 per child. Parents may bring younger siblings if they can follow safety rules involved in picking produce and feeding farm animals. Call 884-3109 or email Mary Arnaudin about how to register.

Chicken Group
Last time: We shared about how our chickens are doing – they are getting BIG and eating, eating, eating. Most members have transitioned their chicks to an outdoor pen from the garage, laundry room, bath tub....... We watched some videos about how to properly handle our chickens and learned showmanship techniques.
Next time: We will each bring one chicken (that is easy to handle) to our meeting to practice our showmanship skills. Mary Arnaudin will contact everyone with the date and time once she has an "expert" lined up to lead this program. In the meantime, practice holding your chickens correctly and calmly as shown in this video: http://www.youtube.com/watch?v=BoQi41pojTU&feature=related

For accommodations for persons with disabilities, contact Mary Arnaudin at 828.884.3109 no later than five business days before the event.